

# PARENT & STUDENT HANDBOOK 2025



## Table of contents

Table of contents	2
School Vision	3
Staff List	
Roles and Responsibilities	7
School Organisation	9
Communication	9
Uniform	
Core Values	
Behaviour Code for Students	14
Student Mobile Phone and Smart Watch Locker Pouch Policy	
Anti-Bullying NSW Strategy	
No Contact Policy	
General School Contribution and Other Fees	
Excursions	
Compass Parent Portal	
Wellbeing	
Enrolment and Attendance	
Learning and Support Team	
Special Education Units	
General Student Information	
Health Care Procedures and Medication	
Parents and Citizens Association and Canteen	
Transport	
Library	
Homework	
Dungog High School Leadership Team	
Sport	
School Newsletter	
Technology	
Canteen Menu	
YEAR 7 SUPPLEMENT	
Dates to Remember	
APPENDICES	

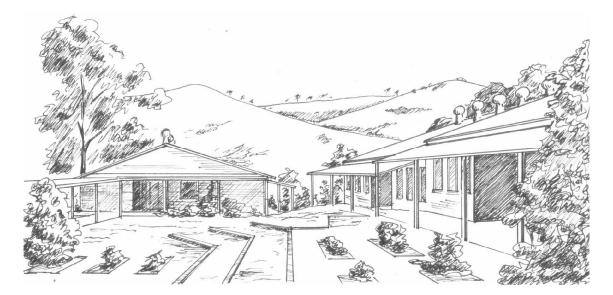


### School Vision

Dungog High School is a comprehensive, co-educational high school, situated at the foothills of the Barrington Ranges. We aspire to create a positive, innovative and connected learning community which caters for our diverse student needs, where growth, engagement and collaboration continuously improves the quality of learning, teaching and leading, as we strive for success and excellence.

We will achieve this by:

- Focusing on respect, responsibility and personal best;
- Creating a learning, teaching and leading focused school culture;
- Encouraging initiative, innovation and leadership;
- Valuing individual differences;
- Responding to our local, national and international contexts and student needs;
- Providing a range of experiences that challenge individuals to explore and interact with the ever-changing world;
- Embedding technology into the teaching and learning programs; and
- Providing a broad, responsive curriculum, focused on excellence, giving students opportunities to succeed in their chosen pathway.



Worimi Country 126 Eloiza Street, Dungog NSW 2420 Telephone: 02 4992 3022

School Hours: 9.00 am - 3.18 pm. Office Hours: 8.30 am - 3.30 pm.

Website:dungog-h.schools.nsw.gov.auEmail:dungog-h.school@det.nsw.edu.auFacebook:facebook.com/DungogHighSchool

## Staff List

PRINCIPAL	Mr Stephen Harper	
DEPUTY PRINCIPALS	Mr Brad Dives Mrs Tina Pratt Mrs Susan Judd	
ENGLISH & MODERN LANGUAGES	Mrs Denise McKinna	Head Teacher English
	Mrs Rachel King	
	Mrs Vanessa van de Scheur	Year 9 Adviser
	Mr Michael McCallum	
	Ms Siobhan Norman-Turner	
	Ms Grace Sullivan	Modern Languages
	Mrs Robyn Norris	Librarian
MATHEMATICS	Mr David Brown	Head Teacher Mathematics
	Mr Tim O'Hearn	
	Mr Frank Fardell	
	Mr Darrin Inwood	
	Mrs Kalpana Ram	Aurora Teacher
	Ms Tracy Osmond	
	Ms Rosalie Lawrence	
	Mrs Katie Hinton	
SCIENCE	Mr Tim Cooper	Head Teacher Science
	Ms Karen Daffy	Head Teacher Administration & CAPA
	Mrs Jolene Ninness	
	Mr Michael Kelly	Aurora Teacher
	Ms Deborah Oirbans	
	Mrs Tina Wheeler	Year 10 Adviser
	Mr Daniel Allen	Year 8 Adviser
CREATIVE AND	Mrs Louise Knight	Year 12 Adviser
PERFORMING ARTS (CAPA)	Mrs Nichole Doring	
	Ms Katherine Wiktorowicz	



HUMAN SOCIETY & ITS ENVIRONMENT (HSIE)	Mrs Susan Judd	Head Teacher HSIE
	Mrs Kristy Neilson	
	Ms Mandy Wilson	SRC Coordinator
	Mr Isaac Petersen	Year 7 Adviser and SRC Coordinator
	Ms Olivia Williams	
	Mrs Anne Middlebrook	Careers Adviser
TECHNOLOGICAL AND APPLIED STUDIES (TAS)	Mr David Garland	Head Teacher TAS & VET Coordinator
	Mr Tony Skimmings	Head Teacher Technology
	Mrs Cathryn Weber	
	Mr Sheldon Hicks	
	Ms Heidi Barker	
	Mr Shayne Lawrence	
PDHPE	Miss Maddy Cook	Head Teacher PDHPE
	Mr Rod Corcoran	
	Mrs Jessica Kemp	
	Miss Kayla Campbell	Year 11 Adviser & Combined High Schools (CHS)
	Mr Kurt Livens	Boys Adviser
SCHOOL COUNSELLOR	Ms Maddy Smith	
	Ms Claire Ingrid	
CHAPLAIN	Ms Philippa Hudson	
LEARNING AND WELLBEING	Ms Kathleen Ballard	Head Teacher Teaching and Learning
	Ms Aimee Fenton	Head Teacher Wellbeing
	Ms Stacey Rowe	Learning and Support Teacher
	Mrs Karyn Marsh	Student Support Officer
	Mrs Donna Griffiths	Itinerant Teacher – Hearing
ABORIGINAL EDUCATION	Kara Clements	Aboriginal Education Officer

SPECIALIST SUPPORT	Mr Benji Trieger	Head Teacher Inclusion and Support
	Mrs Danielle Smith	
	Mrs Kay Sheely	
	Ms Jenny Cooper	
	Ms Fiona McLarty	
	Mrs Laura Allen	
	Ms Jorja Field	Girls Adviser
SCHOOL ADMINISTRATIVE AND SUPPORT STAFF	Mrs Barbara Turner	Business Manager
	Mrs Hazel Craig	School Administration Manager
	Ms Hayley Aiken	School Learning Support Officer
	Mrs Amanda Barnard	School Administrative Officer
	Mrs Jane Byron	School Learning Support Officer
	Mrs Kristy Cherry	School Learning Support Officer
	Ms Kristy Prince	School Administrative Officer
	Mrs Jodie Dobbie	School Learning Support Officer
	Mrs Lizzy Drablow	School Administrative Officer
	Mr David Evans	General Assistant
	Mrs Loren Herrmann	School Administrative Officer
	Mrs Leigh Krick	School Learning Support Officer
	Mrs Sylvia Lawrence	Farm Assistant
	Gillian Manning	E-Learning Coordinator
	Ms Karen Neilson	School Administrative Officer
	Mrs Sylvia O'Sullivan	School Administrative Officer
	Mrs Peta Thorsby	School Learning Support Officer
	Ms Shay Deacon	School Learning Support Officer
	Mrs Kath Viner	School Learning Support Officer
	Mr Andrew Viner	General Assistant
CANTEEN SUPERVISORS	Sue Hallett/Dianne Marquet	



### Roles and Responsibilities



#### Principal – Stephen Harper

Organises, manages, and supervises the school. The Principal also represents the school in the community on many occasions. Parents and students who wish to discuss issues with the Principal can make an appointment through the front office.





#### Deputy Principals – Brad Dives, Tina Pratt and Susan Judd

Responsible for the efficient running of school operations and the general supervision of staff and students. They assist the Principal in the development of teaching programs and curriculum planning. They address and resolve matters relating to school discipline and the wellbeing of the students. Parents and students who wish to discuss issues with one of the Deputy Principals can make appointments through the front office.



#### Head Teacher Wellbeing – Aimee Fenton

Assists the Principal and Deputy Principals in ensuring the wellbeing and safety of students and the implementation of whole school wellbeing programs.



#### Head Teacher Administration – Karen Daffy

Assists the Deputy Principals in the day-to-day management of the school. Responsibilities include management of the timetable and student subject selections.



#### Careers Adviser – Anne Middlebrook

Career planning and actively promotes career opportunities for young people. Career lessons are delivered by the Careers Adviser in Year 10. Available for advice and information to parents and students in other years. Coordinates work experience and NSW Education Standards Authority (NESA) entries. Faculty Head Teachers plan and teach courses in specialised subject areas. They are responsible for all matters in their own subject areas including teaching and learning programs, excursions, setting and marking of examinations, placing of students in appropriate classes and assessing student progress. They are also responsible for assisting in school behaviour management particularly relating to their own subject area.

School Counsellor helps students with personal problems. Meets with students individually and organises small groups of students who are dealing with the same problem. The counsellor and chaplain are also available to assist parents in need. Students can complete a self-referral themselves (found in the student entrance of the office) or be referred by a member of staff or parent.

Learning Assistance Support Teachers (LASTs) LASTs assist students experiencing difficulties in the key learning areas from Years 7-12. Information obtained from primary school record cards, discussions with Year 6 teachers and information supplied by parents/carers act as indicators in identifying 'educationally at-risk students'. Dungog High School supports facilitating the integration of students into mainstream learning experiences. Thereafter, assistance and support are given on a withdrawal and teamteaching basis. Withdrawal teaching involves withdrawing students from class for short periods for intensive learning. Team teaching involves collaborative consultation with class teachers in order to provide appropriate adjustments to programs for students. The support teacher also regularly monitors students' class and homework and maintains contact with parents/carers if there is an area of concern.

School Administrative Support Staff Provide parents/carers and students with general information on school activities. Appointments to see the Principal and Deputy Principals should be made through the front office. Enquiries about uniform, leave passes, payment of monies and lost property should be directed to the front office.

Year Advisers are the first contact for parents and students. They are available to assist the students in their year group with problems or concerns and will seek the appropriate support required. The Year Adviser also assists students with the selection of subjects and concerns with study. Students are encouraged to ask for help from the Year Adviser with any issues they may have.



Year 7 Isaac Petersen



Year 8 Dan Allen



Year 9 Vanessa van de Scheur



Year 10 Tina Wheeler



Year 11 Kayla Campbell



Year 12 Louise Knight



### School Organisation

	Timetable
Roll Call	9:00am – 9:10 am
Period 1	9:10am – 9:58 am
Recess 1	10:46am - 11:06 am
Recess 2	11:06am – 11:26 am
Period 3	11:26am – 12:14 pm
Period 4	12:14pm – 1:02 pm
Lunch 1	1:02pm - 1:22 pm
Lunch 2	1:22pm – 1:42 pm
Period 5	1:42pm – 2:30 pm
Period 6	2:30pm – 3:18 pm

#### <u>Note</u>

- Assembly is held every second Wednesday in Period 4
- Sport is held every Wednesday in Period 5 and 6
- Dungog High School runs a timetable over a two-week cycle
- Each period will be of 48 minutes duration
- Some subjects may have 'double periods'
- Roll marking is held every day at 9am till 9:10am before Period 1

### Communication

#### **Contacting Teachers**

The school is committed to working in a partnership with parents and carers to achieve the best educational outcomes for students. Teachers are always pleased to discuss issues parents wish to raise and will often initiate that dialogue. We encourage parents also to contact us if there are any concerns you have about your child's educational or social development at school.

However, teachers have a primary responsibility to teaching and to the learning experiences of their daily classes and so are not usually available if you arrive for an unscheduled interview.

The best procedure is to email or ring the school and ask for a scheduled phone call or personal interview. If the office staff cannot arrange this immediately the teacher will be able to contact you to arrange a mutually convenient time for further discussion. It may take several days for staff to respond. Alternatively, a note from you directly to the teacher concerned can also be the first step in a formal interview.

#### **Parent Teacher Meetings**

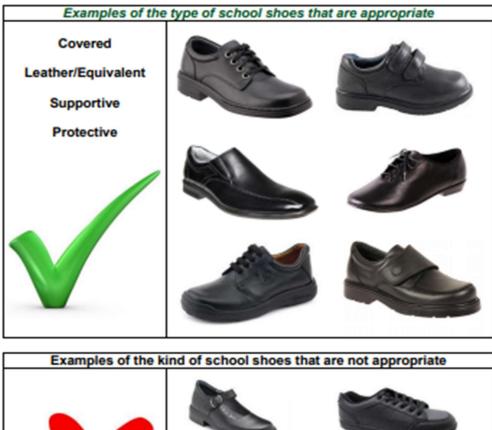
There are several meetings scheduled throughout the year. Please read our newsletters and check our Facebook page to be aware of these dates. Attendance is a great way to connect and build relationships with staff.



### Uniform

Dungog High School is a uniform school for all students. Uniform promotes a sense of belonging and creates a positive identity for the school community. Uniform also contributes to the personal safety of students.

As at time of printing, the uniform can be purchased at the school by contacting our office staff, but we are expecting this to change in 2024. More information about this change will be communicated when a decision has been made.







Students who present themselves to school **without the correct footwear will not be permitted** to participate in practical activities in Industrial Arts, Science, Agriculture, Food Technology and Textiles.

The shoe must be **<u>COMPLETELY BLACK</u>** (including sole and laces) with **NO BRANDING OR LOGO** in other colours.

Footwear is an important safety item. Good soles provide sound grip preventing accidents while leather uppers protect the foot from falling objects and chemicals. For the safety of all students the decision has been made that all students must wear BLACK LEATHER LIKE shoes. Sandals, open footwear, or high heels are not permitted.

#### **Uniform Pass**

We recognise that occasionally it is difficult for students to be in uniform. On these occasions, students need to bring a note from parents outlining any problems to their Roll Call Teacher.

Notes will not be accepted for long term out of uniform. If there are reasons for long term out of uniform, then the relevant Year Adviser should be contacted.

Students who are consistently out of uniform will need to meet with the Head Teacher Wellbeing to resolve the issue. If you require support to purchase uniform items, please contact the office to select an item from the clothing pool or apply for financial assistance.

#### Name Tags

As there are almost 600 students in the school who will be wearing similar clothes, especially school jumpers, it is necessary for all your child's clothes to be labelled with either printed tags or washable pen.

#### Jewellery

Please keep jewellery to a minimum - no item that can cause damage to wearer or other students. Stud earrings or sleepers are safer than pendants which have led to torn earlobes. During PE lessons, no jewellery is allowed, except stud or sleeper earrings.

#### Sunsafe

Considering the Australian climate, a sensible hat is an optional item of uniform and is encouraged. Any hat worn should be plain and inexpensive as they are easily lost at school. Sunscreen is also available at school for the students use during sport and PE. If your child has sensitive skin, it would be wise if they bring their own sunscreen to school.

#### Please label all clothing and personal items with the student's name.

### Core Values

Dungog High School's three core values:

RESPECT:	Treating yourself and others in a considerate and caring manner.
<b>RESPONSIBILITY:</b>	Taking ownership of your actions and their outcomes.
PERSONAL BEST:	Trying your hardest to perform as well as you can.





## DUNGOG HIGH SCHOOL EXPECTATIONS

#### In The Classroom In The Playground All Settings · Put my hand up and wait Take pride in yourself and Be courteous Consider others quietly to speak others at DHS RESPECT Take my hat and hood off Place rubbish in bins Give others personal space Share facilities fairly when I enter a classroom Speak politely and use Be accepting of the opinions appropriate language and contributions of others Own your behaviour Keep my workspace tidy Take care of tables, seating Wear the school uniform Arrive on time to class and bins Submit work on time with pride Keep away from areas that are RESPONSIBILITY Help create a positive Follow staff directions out of bounds environment for learning Stay in designated areas Active playground areas are Engage in all learning Follow correct safety the front oval and basketball activities procedures court Mobile phones and personal electronic devices switched off . Start walking to class when the bell goes and out of sight Report inappropriate Be productive PERSONAL BEST behaviour Remain focused Be kind, helpful and Strive for improvement Take care of your area supportive of others Have all books and equipment Show good sportsmanship Be resilient required for class



- Show pride in the school
- Attend school everyday

### Behaviour Code for Students

NSW public schools are committed to providing safe, supportive, and responsive learning environments for everyone. We teach and model the behaviours we value in our students. In NSW public school students are expected to:

- Respect other students, their teachers and school staff and community members
- Follow school and class rules and follow the directions of their teachers
- Strive for the highest standards in learning
- Respect all members of the school community and show courtesy to all students, teachers, and community members
- Resolve conflict respectfully, calmly, and fairly
- Comply with the school's uniform policy or dress code
- Attend school every day (unless legally excused)
- Respect all property
- Not be violent or bring weapons, illegal drugs, alcohol, or tobacco into our schools
- Not bully, harass, intimidate, or discriminate against anyone in our schools

Schools take strong action in response to behaviour that is detrimental to self or others or to the achievement of high-quality teaching and learning.

#### **Behaviour Code for Students: Actions**

Promoting the learning, wellbeing, and safety of all students in NSW Public Schools is a high priority for the Department of Education. We implement teaching and learning approaches to support the development of skills needed by students to meet our high standards for respectful, safe and engaged behaviour.

Respect	Safety	Engagement
<ul> <li>Treat one another with dignity</li> <li>Speak and behave courteously</li> <li>Cooperate with others</li> <li>Develop positive and respectful relationships and think about the effect on relationships before acting</li> <li>Value the interests, ability and culture of others</li> <li>Dress appropriately by complying with the school uniform or dress code</li> <li>Take care with property</li> </ul>	<ul> <li>Model and follow departmental, school and/or class codes of behaviour and conduct</li> <li>Negotiate and resolve conflict with empathy</li> <li>Take personal responsibility for behaviour and actions</li> <li>Care for self and others</li> <li>Avoid dangerous behaviour and encourage others to avoid dangerous behaviour</li> </ul>	<ul> <li>Attend school every day (unless legally excused)</li> <li>Arrive at school and class on time</li> <li>Be prepared for every lesson</li> <li>Actively participate in learning</li> <li>Aspire and strive to achieve the highest standards of learning</li> </ul>

The Principal and school staff, using their professional judgement, are best placed to maintain discipline and provide safe, supportive and responsive learning environments.

For further information:

https://education.nsw.gov.au/public-schools/going-to-a-public-school/translateddocuments/behaviour-code-for-students

### Student Mobile Phone and Smart Watch Locker Pouch Policy

Mobile phones will not be used during school hours unless access has been facilitated by a teacher for the explicit purpose of learning. Every student will be assigned a personal Phone Locker Pouch. While the Phone Locker Pouch is considered school property, it is each student's responsibility to bring their pouch with them to school every day. These pouches will be issued through the school's office system.

For the full policy and procedures, please refer to the Dungog High School website: <u>https://dungog-h.schools.nsw.gov.au/content/dam/doe/sws/schools/d/dungog-h/policies-and-rules/DHS\_Student\_Mobile\_Phone\_Locker\_Pouch\_Policy.pdf</u>

### Anti-Bullying NSW Strategy

**The NSW Anti-bullying Strategy** brings together evidence-based resources and information to support NSW schools, parents and carers, and students to effectively prevent and respond to bullying.

Information on the current research can be found in the NSW Department of Education's literature review, **Anti-bullying interventions in schools - what works?** 

#### **Defining bullying**

Bullying has three main features - it:

- involves a misuse of power in a relationship
- is ongoing and repeated, and
- involves behaviours that can cause harm.

Bullying can happen in person or online, and it can be obvious (overt) or hidden (covert). Bullying can have a lasting impact on everyone involved, including those who witness it. That is why it is important to work together to create safe school communities for everyone.

Some behaviours, while not bullying, are conflicts that still need to be addressed and resolved. Examples include:

- mutual arguments and disagreements (where there are no power imbalance)
- not liking someone or a single act of social rejection
- one-off acts of meanness or spite
- isolated incidents of aggression, intimidation or violence

How do I know if a young person is being bullied?

Some signs that a young person may be being bullied include:

- not wanting to go to school
- have falling school grades
- changing their route to school or become frightened of walking to school
- changes in sleeping or eating patterns
- frequent tears, anger, mood swings and anxiety
- having unexplained bruises, cuts and scratches

- missing or damaged belongings or clothes
- asking for extra pocket money or food
- arriving home hungry.

What can parents do if their child is being bullied?

- Do not directly approach any other student or their family.
- Contact the school and make an appointment to discuss the issue.
- Ask the school for a copy of their Anti-bullying Plan.
- Work with your child's school to solve the problem by establishing a plan for dealing with the current situation and future bullying incidents.

For more information and resources, visit the anti-bullying website: <u>https://education.nsw.gov.au/student-wellbeing/attendance-behaviour-and-engagement/anti-bullying</u>

### No Contact Policy

The school's Welfare and Discipline policy articulates the shared values of Respect, Responsibility and Personal Best as the foundation for all interactions within our school community.

The No Contact policy simply states:

All students are to keep their hands to themselves. This is regardless of intention and personal perspective regarding the nature of the physical contact.

Refraining from physical contact with other students supports the values associated with Positive Behaviour for Learning of Respect, Responsibility and Personal Best.

To comply with the No Contact policy, students must:

- Keep their hands to themselves at all times 'hands off' rule.
- Refrain from pushing, hitting, kicking or any other physical contact that constitutes an act of violence and/or aggression.
- Refrain from hugging, stroking/caressing or kissing other students.

By maintaining the personal space of each individual, the following is ensured:

- 1. Avoiding and preventing the development of violent exchanges, resulting in potential injury and consequent suspension.
- 2. Safer and more conscious movement around the school grounds including stairwells, corridors, classrooms and playgrounds.
- 3. A safer environment that focuses on the business of learning is further encouraged and secured.
- 4. Equity in the nature of student exchanges is fostered. Students who lack assertiveness will not be faced with the discomfort of their personal space being challenged. It reduces the risk of sexual harassment. It reduces opportunities for exclusion through the selective visible expressions of affection for some students in preference of others.
- 5. A reduction in the exchange of bacteria and contagious illnesses, promoting sound hygiene practices when combined with regular and effective hand washing.
- 6. Positive communication is promoted with a reliance on language that 'builds up' the confidence of others rather than 'put-downs'.

### General School Contribution and Other Fees

Dungog High School receives some funds from the state and federal government; however, these funds are not always sufficient to provide students with consumables used in lessons. Our contributions are set well below the state average. Payments can be made by easy instalments throughout the year. Please contact our front office to discuss further.

General Contribution Fees for 2025 are:

Grade	1 <sup>st</sup> child	2 <sup>nd</sup> child	3 <sup>rd</sup> child	4 <sup>th</sup> child+
7-10	\$70	\$59.50	\$52.50	\$35
11-12	\$80	\$68	\$60	\$40

#### Subject Consumable Fees

Some subjects use a considerable number of materials from which the individual students personally benefit. For example, Food Technology students experiment with recipes and Industrial Technology students take home items they make. These subjects go beyond the minimum requirements of the curriculum. Students should only select these fee-paying electives if they are prepared to pay the associated fee for required materials. Students who do not pay may not have full access to all materials.

#### **Payment of Fees and Excursions**

Payment of fees, excursions, etc. can be made at the school office by cash, cheque or EFTPOS, or via the Compass Parent Portal.

#### **Financial Assistance**

Parents may apply to the school for financial support if there is a difficulty in meeting costs. This is done through the Student Assistance Scheme and the Head Teacher Wellbeing will consider applications for the Student Assistance Scheme or payment plans can also be arranged. Please contact the front office for further assistance or you can find the form to complete on the school website.



### Excursions

Periodically the school may take students on excursions for educational purposes. Before any student is permitted on such an excursion, a parent consent form MUST be completed by the parent/guardian along with any costs associated with the excursion by the due date. Consent and payments can be made on the Compass Parent Portal. Students who submitted their note and money late, have an unacceptable record of behaviour or are out of uniform may not be permitted to attend any non-compulsory excursions.

### **Compass Parent Portal**

The Compass Parent Portal is a significant tool in the day-to-day management of your student's enrolment at Dungog High School. The Parent Portal provides parents with 24/7 access to important information about their child. It allows parents to advise the school about absences and any amendments to family details. Parents/carers of all new students will receive a letter giving details of how to register and access the portal.

### Wellbeing

Each year group has a Year Adviser who oversees that group's wellbeing. This includes many diverse elements such as: distribution of information, academic progress, and wellbeing support. In this work the Year Adviser has the support of the Head Teacher Wellbeing, School Counsellor, Chaplain, Girls and Boys Adviser, Careers Adviser, Learning and Support Teacher and the School Executive.

The Wellbeing team meets regularly to discuss policies and programs dealing with the wellbeing of all students in the school. Our school's student wellbeing policy is committed to the wellbeing of the whole school community and reflects our core values.

The wellbeing of the school community is a joint responsibility of the students, staff and parents and carers of Dungog High School.

Some programs relevant to Year 7 include:

<u>Peer Support</u> - small groups of Year 7 meet with Year 10 peer leaders during Term 1 to assist in the transition to high school. They are involved with their Peer Leaders on Orientation Day and the first day of school.

<u>Student Assistance Scheme</u> – assistance is available for students in financial need. Contact the school office for more details.

<u>Wellbeing Notifications</u> - persistent low-level wellbeing concerns are passed to the Year Adviser by concerned teachers.

<u>Policies and Procedures</u> - the school has extensive Wellbeing Policies and Procedures. These documents can be found on our school website: <u>https://dungog-h.schools.nsw.gov.au/</u>.

If students are experiencing difficulties in any area they can seek support from their Year Adviser, Head Teacher Wellbeing, School Counsellor or Chaplain. Many of our staff are trained in safeTALK and ASIST trained. Our staff also complete training modules in Accidental Counsellor and Mind Matters.

<u>Breakfast Club</u> is available in the EWC for students who miss breakfast at home or who travel for long distances on the bus each morning. This is a healthy and friendly club to help students begin each day positively. Students who do not respect the rules of this club will be asked to leave.

<u>Engagement and Wellbeing Centre (EWC)</u> is a designated space for exploring topics of interest and importance to young people. Secondary students can find resources to enhance their understanding of how they can develop skills to build their own sense of wellbeing and to contribute to the wellbeing and safety of the whole school community. Wellbeing improves students' academic performance, behavior, social integration, and satisfaction. Wellbeing improves teachers' ability to interact with students, teach concepts, face challenges, and avoid burnout.

Students can access the EWC via a Tier 1, 2 or 3 level of support:

- Tier 1: check in procedure available to any student as required
- Tier 2: EWC Attendance Plan over a 5-week program with 1-2 timetabled periods per day
- Tier 3: EWC Attendance Plan over a 5-week program with 3-4 timetabled periods per day

Please feel free to contact the school either through the Head Teacher Wellbeing, Year Advisers, or Deputy Principals if you have any problems which you feel may affect the wellbeing of your child.

### **Enrolment and Attendance**

#### Enrolment

Every child is entitled to be enrolled at the government school that is designated for the intake area within which the child's home is situated and that the child is eligible to attend.

#### Year 7

Parents should complete the Expression of Interest provided by their primary school. Parents will then be sent an invitation to enroll online at Dungog High School.

#### Years 8 – 12

Parents of students in Years 8 to 12 should contact the high school to discuss your child's potential enrolment and required procedures, including a possible risk assessment.

During the enrolment process, please advise the Deputy Principal of any special circumstances, allergies, health or medical conditions affecting the student.

#### **Change of Details**

To keep our records accurate, **it is important to let the school know if any of your contact details have changed**. This includes: your daytime telephone number; your home/mailing address; your family structure; email address. The school should also be notified of any changes to a student's medical details.

It is very important to keep these details up to date in case of an emergency. Please contact the school office immediately if you need to advise of any changes, and complete the change of details form via the school website <u>https://dungog-h.schools.nsw.gov.au/about-our-school/forms.html</u>

#### Attendance

Regular attendance at school is essential for students to achieve quality life outcomes. Schools, in partnership with parents, are responsible for promoting the regular attendance of students. Attendance is compulsory at all timetabled lessons. The roll is marked every lesson. Truancies from class are reported and will be followed up. Parents/carers will be notified where truancy is a concern, and appropriate steps taken. Students must move promptly to their class when the bell rings. Students will be recorded as 'partial truancy late' if they arrive to class after the roll has been marked. Any student out of class during lessons must have a note from the teacher (except for Year 11 and 12 study periods). Students in Years 10, 11 and 12 with poor attendance will be issued with Course Warning Letters for not having satisfied requirements and for inability to meet course outcomes.

#### Assembly

A whole school assembly occurs every second Wednesday during Period 4. All students on school premises during an assembly are expected to attend. Students are to attend their period 4 class for roll marking and then move quickly to the Multi-Purpose Centre (MPC) and line up with their year group. Students must pay attention to each speaker and no eating is permitted during assembly. If for any reason an assembly is postponed or cancelled, notification will be given. Students must demonstrate respectful behaviour at all year meetings, whole school assemblies and formal whole school ceremonies.

#### Absences

Regular attendance at school is essential to assist students to maximise their potential. Parents will receive an SMS in the morning notifying if their child is absent during roll call.

When a student is absent for two or more days without an explanation the school will contact the parent by letter, or email requesting the reason for the absence. This is done to assist parents and to ensure that problems do not arise. All absences are shown on school reports. Any absence that has not been explained appears as an 'unexplained' or 'unjustified absence' which could influence future employment prospects.

It is important to explain student absences. Parents/carers are required to respond within seven days of the first day of absence with an explanation. If it is an extended absence, please keep the school informed. Explanations can be via the Compass Parent Portal, a written note, email or phone call by parent/carer. If a note/email is sent to the school, it should include - student's full name, year and date(s) and reason(s) for the absence(s) and signed by the parent/carer.

Parents will receive a letter from the school if attendance falls below 85%. Year Advisers will also make contact to check on the student and provide support to improve attendance.

#### Home School Liaison Officer (HSLO)

Students who remain below 85% attendance will be referred to the HSLO for further action. This may involve a school meeting, Secretary's Compulsory Schooling Conference at Maitland Office or further action.

#### **Late Arrivals**

When a student arrives at school late, after the beginning of roll call, the student is to report to the office. A note from their parents with explanation of lateness should also be produced on arrival. No student will be admitted to class without a late pass from the Office.

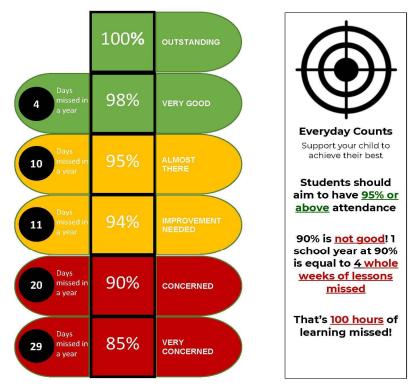
#### **Partial Day Passes**

It is sometimes necessary for students, particularly those who live out of town, to run errands in town during the lunch break, or keep medical or other appointments in or out of Dungog. On these occasions a Partial Day Pass can be obtained from the Administration Office if the student has a written request from their parent or guardian. These notes are to be handed in at the office, or emailed by **9.00 a.m.** 

The note should include the student's full name, year and roll class, the reason for leaving the school grounds and whether the student will be returning to school. Students returning to school <u>must</u> report to the Administration Office so that the time returned can be recorded. <u>No</u> loitering or calling in at a friend's home or other shops is permitted.

#### **Lunch Passes**

Lunch passes may be issued to students who live within a reasonable distance of the school which allows them time to go home for lunch and return before the end of the lunch break. Lunch passes are not intended to be used to visit friends' homes. Forms to apply for a lunch pass are available from the office and should be returned to the office when completed. A lunch pass will then be issued, and this should be carried with the student at all times. If students continually return to school late the lunch pass may be withdrawn.



#### DUNGOG HIGH SCHOOL ATTENDANCE LADDER

Remember.....

- 90% attendance is not good!
- A 2 week holiday in term time means that the highest attendance you can achieve is 94%
- 175/365 days in the year are non-school days!

### Learning and Support Team

Learning and Support Teacher (LaST) assistance is available to help all staff with those children in mainstream classes experiencing obstacles in areas of learning. Staff provide support to students as advised by the Disability Standards for Education. Staff differentiate and adjust lessons, assessment tasks and exams to ensure all students with additional needs can access content on the same basis as every other student.

The LaST:

- assists in identification and assessment of students with difficulties.
- consults with staff and parents to plan appropriate programs and strategies
- works with classroom teachers in assisting and encouraging under achievers.
- implements programs, both inside and outside the school curriculum designed to assist all students to reach a functional level of numeracy and literacy.

School Learning Support Officers (SLSOs) are an integral part of the Learning and Support Team, providing in class support and assistance for students with learning difficulties. They may work with the whole class, small groups or with individual students based on specific needs.

Hearing and Vision Itinerant Support Teachers provide specialised support to students with hearing and vision needs, in and out of the classroom. Itinerant support teachers (hearing or vision) work in a multi-disciplinary team with students, parents and carers, school learning and support teams and other professionals. They may carry out student assessments, take part in review meetings, support school staff in making teaching and learning adjustments and provide professional learning for school staff.

#### Learning and Support Team (LST)

Dungog High School LST meets regularly to provide support for students experiencing difficulties. This team consists of Deputy Principals, Head Teacher Wellbeing, Year Advisers, School Counsellor, Boys and Girls Advisers, Learning and Support Teachers.

#### Learning and Support Team Notifications and Referrals

Academic concerns are passed on to the LST by concerned teachers, the Year Adviser or parents.

#### Personalised Learning and Support Plans (PLSP)

Each year we are required to complete the National Consistent Collection of Data (NCCD) for all students with additional learning and support needs. 's PLSPs will be updated by staff and mailed to parents at the end of Term 1. Parents can request a meeting from Term 2 to discuss their students' needs and make any required adjustments.

### **Special Education Units**

Dungog High School is very proud to have five Multi-Categorical Special Education Units.

Specialist support classes in regular schools have fewer students than regular classes. Class sizes depend on the class type and, in some cases, the students' additional learning and support needs.

Every specialist class has a teacher and a school learning support officer. Class teachers – in consultation with parents and carers and allied health professionals, where appropriate – are responsible for planning personalised learning and support for each student.

Students in specialist support classes have the opportunity to participate in the school and community activities their school offers, on the same basis as students in regular classes.

For students enrolled in specialist classes in regular schools, there is the flexibility for them to undertake some of their learning in other regular classes in the same school. This is largely dependent upon the resources available and the personalised learning and support needs of the students.

### General Student Information

#### **Sickness at School**

There are sick bay clinics for students situated near the front office and are available for use by students who:

- have sustained a minor injury at school
- have been referred by a teacher and given a note to hand to office staff
- students report to the front office where relevant details are collected. If necessary, parents will be contacted. Students are not to phone parents requesting they collect them.
- students remain in the clinic whilst waiting to be collected by parents or a designated contact person. Students will not be allowed to go home unless parent or emergency contact person on our records is available for them.
- if there are any doubts or concerns about a student's condition, the ambulance will be contacted and, if advised to do so, the school will place the student in their care to be taken to the hospital. Every attempt will be made to contact parents or the student's designated emergency contact.
- If student injury/illness is obvious the teacher on duty will contact an ambulance directly in order to pass on all relevant information about the student's symptoms and/or incident.

#### Accidents

In the event of accidents, the incident should be reported immediately to the nearest teacher. Parents/carers of students who have sustained a significant injury (for example to the head, eyes or back) will be contacted at the earliest opportunity. These students will generally not return to class but will be kept in the front office area until they can be collected.

#### Lost Property

Any articles found, which are obviously lost should be taken to the Administration Office. Also, if you lose articles you should inquire about them at the office. If all items belonging to a student are marked with their name, it is easy to have them returned. It is expensive to replace uniform, shoes, calculators, etc. so please ensure all items are labelled with student's name.

Valuable articles and money should not be left unattended in bags in the playground. If you have any such items which you may not be able to look after whilst at PE or sport, please leave them with a teacher or at the office for safe keeping.

#### Lockers

The school has a small number of lockers that will be available for hire by all students. The introduction of lockers is intended as a support for students with heavy bags who might benefit from having a place to put books and equipment during the day. There are not enough lockers for all students, therefore they are hired to those who can establish a need for one. See the office Staff for more information.

#### Mathematic Tutoring (Room N1)

This is available for students requiring mathematics assistance every lunchtime. Please see the Maths staff for more information.

### Health Care Procedures and Medication

At Dungog High School there are several students requiring medication at varying times and for a variety of medical conditions. These students may be self-administering or need staff support for the administering of medications. Staff will be advised of students with medical conditions.

An individual health care plan must be developed for:

- severe asthma, Type 1 Diabetes, Epilepsy, and Anaphylaxis
- any student who is diagnosed as having a condition that may require an emergency response
- any student who requires the administration of health care procedures

The Principal is responsible for assessing, in consultation with appropriate school staff, the parent and the medical practitioner, how the school will meet the health care needs of the student. The Principal will arrange a meeting with the parent and appropriate school staff to discuss the management of the student's health care needs. Plans will be reviewed at the beginning of each year. Parents will be asked to update plans with any changes.

#### **Enrolling a student with a Medical Condition**

As part of the enrolment package parents will have completed medical details and health conditions regarding their child. If this has not been done or if there have been changes in **your child's medical condition recently,** please contact the school to enable us to update your child's medical information.

#### Administering prescribed medication at school

The administration of such medication forms part of the department's common law duty of care to take reasonable steps to keep students safe while they attend school. The administration of prescribed medication in schools is carried out by staff who volunteer and who are trained.

Parents/carers of children who require prescribed medication to be administered at school must complete a written request (see appendix). Students must not carry medications unless there is a written agreement between the school and the student's parents/carers. The Principal must store all copies of the written medical advice and any other relevant documentation in a secure and confidential manner.

The common law duty of care does not extend to administering prescribed medication to students who are reasonably able to self-administer. However, the department must take reasonable steps to ensure that the self-administration is carried out safely.

#### Anaphylaxis

Anaphylaxis is a severe and sometimes sudden allergic reaction to an allergen. Anaphylaxis is potentially life threatening and always requires an emergency response. Students who identify with Anaphylaxis must have an ASCIA plan, in colour and with a current student photo. The plan must be completed by a Doctor and is required to be updated every 12 months. Students are expected to always carry their own EpiPen. Regular checks will be conducted to ensure students are carrying their EpiPen and we will record expiry dates.

#### **Emergency Care**

Schools do not supply or administer medications in an emergency unless they have been provided by parents as part of a negotiated individual health care plan for a specific student. In an emergency which has not been anticipated in the emergency response/care section of an individual health care plan (which has been negotiated for an individual student known to be at high risk of a serious emergency reaction) staff will provide a general emergency response.

#### Non-prescribed medications

In general, schools do not administer medication which has not been specifically requested by a medical practitioner for an individual student for a specific condition.

#### **Pain Medication**

Dungog High School staff do not dispense medication for pain relief. Students bringing medication from home must provide the front office with a note with appropriate parental consent.

### Parents and Citizens Association and Canteen

Dungog High School P & C is an association of Parents and Citizens with an interest in the education of all students attending the High School. At its Annual General Meeting each March its members elect a president, a vice-president, a secretary, a treasurer, patrons, an auditor and a solicitor.

The P & C meets in the Library or front office at 5pm on the second Thursday of the month and raises many thousands of dollars each year for the benefit of all students.

## A welcome is extended to all parents to join the P & C. It is a worthwhile way of becoming involved in the school and giving support to your children.

#### Canteen

The Canteen Committee would like to welcome you to Dungog High School. The Canteen has two part-time Supervisors with volunteers who come in each day on a roster basis. We need four volunteers each day to fill the roster. **If you can assist in the Canteen, would you please complete the form at the back of this handbook and return it as soon as possible** - we would like as many names as possible. As the Canteen is run on a cafeteria style basis, parents who prefer not to handle money can assist with food preparation only. The Canteen is one of the main sources of funds to the school and this money is necessary to purchase equipment not covered by Government funding.

We provide students with healthy nutritious lunches at a reasonable price and your patronage benefits the school. Students are encouraged to order their lunch at the beginning of the day to ensure they are guaranteed our specialty dishes of the day. Students can pay with cash or EFTPOS.

### Transport

#### School Student Transport Scheme

All High School students that reside outside a 2km radius from the school are eligible for free transport. Students wishing to apply for free travel need to apply online at the Transport for NSW web site (<u>https://transportnsw.info/tickets-opal/ticket-eligibility-concessions/school-student-travel</u>) and fill out the SSTS subsidised travel form for each bus company you will be using.

Parents will need to contact the bus operator to obtain pick up and drop off times and bus stop locations. Any new bus stops need to undergo a risk assessment and obtain approval from the relevant council. This can take some months so we would advise you do this ASAP. If your stop has not been approved before you are wishing to start you will need to make arrangements to get to the closest approved bus stop. The bus company can tell you where that would be.

Bus companies are responsible for the behaviour of students while they are on the bus and have their own discipline system. In some instances, the school may be notified and further action may be taken. Students may be suspended from bus travel, by the bus company, if their behaviour is unsatisfactory.

#### **Traveling with Provisional Licence Students**

Parents are advised not to permit their son or daughter to travel to or from school in a vehicle that is not driven by an adult. The dangers of being transported by relatively inexperienced student drivers are obvious. Where an occasion arises when a student will be transported by another student, it would be appreciated if a note could be provided to the Deputy Principal indicating that this arrangement has parental approval.

#### **Bus Bay Procedures**

Students who are on the first buses line up at the appropriate gate. Students on all other buses are to line up at their bus sign on the basketball courts and wait until their turn to line up at gates.

- LINQ Bus Lines: Lower end of the bus bay area Paterson, Vacy, Martins Creek, Hilldale.
- Sheltons Buses: Top end, with three bays numbered from the closest to the exits as Bay 1

#### School Drive Subsidy

Students are eligible if:

- they are a resident of NSW or an overseas student who is eligible for free government education
- from their home address:

- The distance to school exceeds 2 km (straight line distance) or 2.9 km walking distance, and
- The distance to the nearest transport pick up point (where available) exceeds 2 km (straight line distance) or is at least 2.9 km walking distance.

Where public transport is available at the prescribed minimum distance from home, eligible students may also be eligible for a free school travel pass under the School Student Transport Scheme. Details are given during the application process for the School Drive Subsidy scheme. For more information: <u>https://transportnsw.info/tickets-opal/ticket-eligibility-</u>concessions/school-student-travel

You can also apply for a Travel Pass by going to Shelton's Bus Service website <a href="https://www.sheltonsbus.com.au/">https://www.sheltonsbus.com.au/</a>

### Library

The Library has been designed to be a flexible, future-focused learning environment, integrating advanced technology and promoting connection, collaboration and inclusion. The Library houses a variety of resources including laptops, books, robotics, circuitry, Lego, 3D printers, a laser cutter, a vacuum former, drones, VR equipment and more.

The Library is open for student use before school, at recess and at lunch. Teachers can book the distinct Library zones for class lessons.

There are four key staff available to help you in The Library, our fulltime teaching Librarian, our e-Learning Coordinator, our Head Teacher of Technology and our Library School Administration Officer.

With future focused learning and digital literacies, we have not forgotten that the simple pleasure of reading is discovered in the Library. To this end we have gone to great lengths to make our book area easily accessible and inviting and we encourage students to browse and borrow books during break times.

More information about using the Library will be provided during Library lessons for all Year 7 students during Term 1.

### Homework

Homework is a valuable part of schooling. It allows for practicing, extending and consolidating work done in class. Homework provides training for students in planning and organising time and develops a range of skills in identifying and using information resources. Additionally, it establishes habits of study, concentration and self-discipline.

- Years 7 8 approximately 30 60 minutes per night;
- Years 9 10 approximately 1 2 hours per night; and
- Years 11 12 approximately 2 4 hours per night

### Dungog High School Leadership Team

#### **School Presidents, Vice Presidents, and Prefects**

These students are the leaders of the student body at Dungog High School. They are the chief student ambassadors of the school. As such, they set and uphold standards for all students. All students should respect them and cooperate with them in their work. Students can speak to the leaders about any concerns they have. The Leadership Team meet with the Senior Executive every Tuesday to discuss current issues within the school.

Presidents	Vice Presidents	Prefects
Freya Rubeli	Jacob Head	Ema Middlebrook
Ollie Felton - Taylor	Gary Rumbel	Edward Black

#### **Student Representative Council (SRC)**

Mr Peterson and Ms Wilson are the SRC Coordinators. The council meets regularly to discuss issues of importance to students.

The role of the SRC is one of leadership. Students are encouraged to initiate and take part in whole school activities aimed at motivating other students. SRC also spends time organising fun days, charity collections and other activities aimed at enhancing the lives of students at Dungog High School.

#### **Aboriginal Education**

Dungog High School offers many opportunities for Aboriginal and Torres Strait Islander students with a key focus on improving student academic outcomes while also providing a caring and supportive environment.

Our Aboriginal Education Officer - Kara Clements is available to support students in a variety of ways and is at school 5 days a week.

We have a Culture Room which is situated in the center of the school. It is a room for everyone regardless of cultural background and everyone is welcome. The room will primarily support Aboriginal Education and the programs that run within the school to support closing the gap initiatives and cultural lessons. The room will be a place for students to receive one on one support or small group activities with Kara or a teacher. The room will provide important resources students may not have at home such laptops and internet access. We provide an environment to support student's education while also giving them a sense of belonging and cultural connection.

Dungog High School also has a strong Junior Aboriginal Education Consultative Group which empowers Aboriginal and Torres Strait Islander students to take an active role in school decision making alongside the SRC. Giving students a voice with matters that affect their education.

Dungog High School also has a strong connection with Murrook Cultural Centre and the Manning Regional AECG. They provide regular workshops for our students to ensure they are culturally connected, and students have opportunities to attend on country experiences.

#### **Student Voice**

Students have the opportunity to be a part of our Student Voice Teams held during the year. Student leadership helps young people find their voices, participate in decision-making, and understand their rights and responsibilities as active citizens. It assists students to have a real impact on their learning and school environment and prepares them to participate meaningfully in their community. We encourage all students to be a part of a Student Voice Team that has meaning to them. Teams will be advertised through assembly, newsletters and Facebook.

### Sport

Sport is compulsory. Students in Years 7 to 10 will participate in four periods of sport per fortnight which will be built into their timetables. A PDHPE teacher will be allocated as a coordinator for each year. If participation is not possible or needs to be limited, a note from home should be given to this teacher at the start of the sport period.

#### Carnivals

There are three annual sports carnivals, Swimming, Athletics and Cross Country. All students are expected to attend these events, with the chance to earn points for their House.

#### Sport Houses at Dungog High School

Murray, Robinson and Nicholson were the three original houses. They were formed in 1954 when the numbers at Dungog Central Secondary School became too large for the small school's carnival. Fitzgerald was added later. Student houses are based on surnames.

<u>Fitzgerald</u> was named after Raymond Fitzgerald who was the local member of the State Parliament for many years. Helped in making deputations with P&C and CWA to government for the establishment of secondary classes at Dungog in 1951. House colour: Yellow. Surnames A-E

<u>Murray</u> was named after John E Murray who was Headmaster of Dungog Primary School from 1940 until his retirement in 1953. During his time as Headmaster secondary education began at Dungog. House colour: Red Surnames F-K

<u>Nicholson</u> was named after Maree Nicholson who was the first pupil of Dungog Central School to sit for and pass the Intermediate Certificate. House colour: Blue. Surnames L-Q

<u>Robinson</u> was named after Frank Robinson who was P & C President for 27 years and was one of the forces behind having secondary classes begin at Dungog in 1951. He was also a Mayor of the Shire. House colour: Green. Surnames R-Z

### School Newsletter

A newsletter, with information about current and upcoming school events, is available to parents and students on a regular basis. The school newsletter is published digitally every fortnight and can be accessed on Facebook, the Dungog High School website and will be emailed to parents.

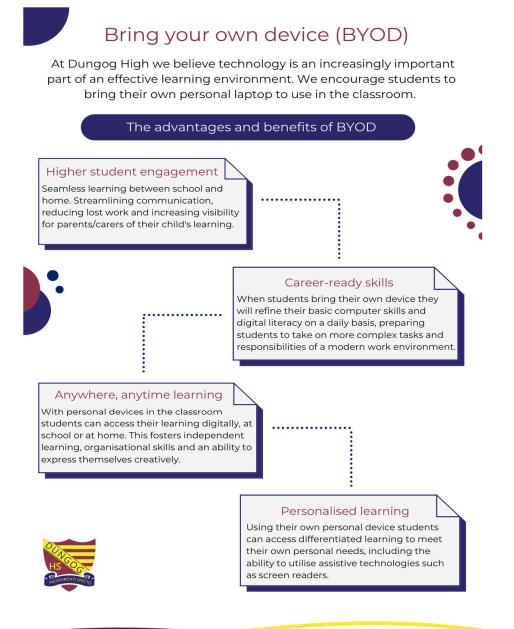


### Technology

Dungog High School recognises the importance of equipping students with the technology skills they need to be successful in the future and that technology is an increasingly important part of an effective learning environment.

Dungog High School promotes and encourages students to bring your own device (BYOD) to school. We have successfully implemented a BYOD program in all our senior classes, to take full advantage of the many benefits of students having their own personal device. To support the program the school has established a loan program for those students who do not have access to their own laptop.

There are three dedicated computer labs situated across the school where junior students have access to a wide variety of software as well as class sets of laptops which can be used anywhere in the school.



### Canteen Menu

### **Canteen Menu**

#### Hot Food

11011004	
Toasted Wraps- varieties	3.80-4.80
Garlic Bread	2.50
Lean Sausage Roll	3.80
Lean Spinach & Ricotta Roll	3.80
Beef Party Pie- Low Fat	2.50
Cheese Melt (Breakfast)	2.00
Ham & Cheese Melt (Recess)	3.00
Potato Wedges	3.80
Chicken Goujons (6)	3.80
Lasagne	4.40
Chicken/Cheese Toastie	4.80
Ham/Cheese/Tomato Toastie	4.80
Bacon/Egg Roll	5.00
Bacon/Lettuce/Tomato Roll	5.00
Chicken Burger/Lettuce/Mayo	5.90
Chicken Burger with Bacon	7.10
Chicken Caesar Burger	7.10
Sweet Chilli Chicken Burger	5.90
Cheeseburger	5.00
Hamburger	6.30
Noodles- Beef or Chicken	2.80
Honey Chicken/Fried Ricespecial da	ay5.00

#### Sushi

Chicken x 2 pieces	3.30
Teriyaki Chicken x 2 pieces	3.30

#### Salads

Chicken Caesar Salad	5.00
Garden Salad	3.80
Gourmet Garden Salad	5.00

#### Sandwiches

Egg/Lettuce	4.80
Curried Egg/Lettuce	4.80
Salad	4.80
Salad/Meat Chicken Ham Commeat	5.00
Commeat/Cheese/Tomato	4.80
Ham/Cheese/Tomato	4.80
Chicken/Lettuce/Mayo	4.80

#### Wraps

Flame Grilled Chicken	6.30
Chicken, Lettuce, Tomato, Cheese, Mayo	
Chicken Schnitzel	6.30
Chicken, Lettuce, Cheese, Capsicum, Carro	t, Mayo
Chicken Caesar	6.30
Chicken, Ham, Cheese, Lettuce, Caesar Dr.	essing
Taco	6.30
Taco Mince, Lettuce, Cheese, Salsa	
Small Wrap - varieties	4.00

#### Rolls

Salad	5.70
Meat/Salad Chicken, Commeat, Ham	6.30

#### Sweet Treats & Snacks

Diced Fruit- plain3.20Red Rock Sea Salt Chips1.60Grainwaves1.60Blueberry or Choc Muffin (low fat)3.30Custard Tub1.30Chocolate Mousse1.30Fruit Yoghurt2.50Frozen Juice Cups1.30Frozen Yoghurt2.50
Grainwaves1.60Blueberry or Choc Muffin (low fat)3.30Custard Tub1.30Chocolate Mousse1.30Fruit Yoghurt2.50Frozen Juice Cups1.30
Blueberry or Choc Muffin (low fat)3.30Custard Tub1.30Chocolate Mousse1.30Fruit Yoghurt2.50Frozen Juice Cups1.30
Custard Tub1.30Chocolate Mousse1.30Fruit Yoghurt2.50Frozen Juice Cups1.30
Chocolate Mousse1.30Fruit Yoghurt2.50Frozen Juice Cups1.30
Fruit Yoghurt2.50Frozen Juice Cups1.30
Frozen Juice Cups 1.30
Frozen Vogburt 2.50
2.50
Frozen Snap Stix 1.30
Paddlepop 2.60

#### Drinks

2.50
1.30-2.50
3.10-4.20
2.80
4.40
3.80
3.20
2.00



# **YEAR 7 SUPPLEMENT**



### Dates to Remember

#### Year 7 Orientation Day

Tuesday 3 December 2024

- Primary students get to know the school and its routines by interacting with current staff and students.
- Stationery packs containing the books and stationery needed to begin Year 7 will be available to purchase online through Kookaburra (details on how to order will be emailed to parents) stationary can also be purchased at retailers such as Officeworks and Big W.
- Information about purchasing of the school uniform will be publicised in the school newsletter and Facebook page. Uniforms will be available from Lowes at Raymond Terrace.

#### Day 1 for Year 7

Thursday 6 February 2025

Meet at the Multi-Purpose Centre for Assembly and roll marking.

• A settling in day with some lessons and peer support activities.

#### Subjects in Year 7

In Year 7 and 8 you are lucky enough to experience most subjects offered at High School. In Year 9 and 10 students can select 2 elective courses.

The subjects you will study are:

English	
Mathematics	
Science	
HSIE	Geography and History
Technology & Applied Science (TAS)	Digital Technologies, Engineered Systems, Food/Agriculture, Materials Technology
Modern Languages	
САРА	Music
PDHPE	
Library	
SRE	Religion, non-religion
Sport	

#### **Class Placement**

In order to organise Year 7 classes, we are planning to work closely with our partner primary schools to get a clear picture of each student's overall ability. The primary schools have been asked to indicate each student's ability and skill level, based on a number of criteria. These include such things as what type of worker a student is, for example independent, consistent, or assistance needed. Criteria also include the ability to meet outcomes, class work and homework

patterns, motivation and behaviour management. This will allow us to get a picture of how the student has been performing according to stage outcomes and their overall ability and learning needs. It also allows us to identify students who may need extra support.

#### Homework and Study

Coping with homework is one of the major adjustments that Year 7 students have to make when they reach high school. Having different teachers for different subjects can mean several homework tasks are set for any one particular night. Homework and study are necessary to reinforce the material that is taught at school. A supportive home environment is also essential for successful learning.

Year 7 students will be given classes on how to study and complete homework successfully. Also helpful, will be the information sheets for parents and students that are included in this booklet. Students are encouraged to use diaries to keep track of homework, assessments, timetable and important dates.

#### Parental Involvement

Parental involvement in school life is essential and is fostered in several ways at Dungog High School. On certain occasions, parents are invited to attend school for specific reasons, such as Parent/Teacher Nights. Parents are also needed as volunteers to assist in the canteen and the P&C hold regular meetings which any parent may attend. Finally, parents will be contacted by the school if there are concerns about their child's progress and/or wellbeing. Parents are welcome to make appointments with any teacher to discuss their child's progress. Please contact the front office by phone or through the school email. Teachers are on class most of the time, so a message will be taken, and staff will do their best to return your call in a timely manner which may take a number of days, we appreciate your patience.

#### Year 7 Reports

Year 7, as with the rest of the school, are given two reports every year. These are issued at the end of Semester 1 (Term 2) and at the end of Semester 2 (Term 4).

#### **Faculty Information**

Standard equipment which will be expected for each class:

blue, black and red pens

- ruler
- pencil
- pencil
- workbook necessary for specific subject
- coloured pencils

glue stick

eraser

Complete book packs can be ordered online and home delivered from Kookaburra Educational Resources;

www.kookaburra.com.au/login (no need to register) Username: DUNGO005 Password: student5 Or from any stationary retailer.

#### ENGLISH

All students in Year 7 will complete the course as specified in the N.S.W. English syllabus. Students will be encouraged to use, understand, appreciate, evaluate and enjoy a range of texts and be encouraged to shape meaning in ways that are personal, imaginative, interpretive and critical.

Through responding to and composing a wide range of texts and through the close study of texts, students will develop their reading, writing, listening, speaking, viewing and representing skills. More basic skills will be addressed where appropriate and remedial assistance will be available as needed.

**ASSESSMENT**: Students will be assessed as they learn new skills in an informal manner and will be given opportunities to improve their own work through the editing process. At the end of each unit of study, students will be assessed against the outcomes taught. This data will be used to determine class placement in Year 8.

**HOMEWORK**: Students will be expected to read every night for at least 15 minutes. The individual class teacher may also set assignments for students which will be set as homework.

**EQUIPMENT**: Each student must have one exercise book for each term, a blue or black pen, a red pen and a ruler for margins.

#### **MATHEMATICS**

**THE COURSE:** All students follow the same course as specified in the N.S.W. syllabus. Students will undertake a course of study that covers areas of Mathematics involving Working Mathematically, Number and Algebra, Measurement and Geometry and Statistics and Probability. As students enter High School with a very wide range of performance in Mathematics, the depth of study in each topic will vary among students.

Students may be provided with a textbook (if they purchase a textbook cover) or digital copy. Students are encouraged to enter the Australian Mathematics Competition.

**ASSESSMENT:** At faculty level assessment is carried out by means of regular common tests and/or assignments.

The results of all the common tests produce the half-yearly and yearly assessments. Class placement for Year 8 comes from whole years' work, with the common assessment used as a moderator.

**HOMEWORK:** Homework is set on a regular basis and the individual class teacher decides whether frequent nightly homework, longer assignments, or a combination of the two is appropriate to the particular class.

**STUDY/REVISION:** Students are encouraged to carry out at home study/ revision. This is different from homework but is extremely important and allows students to reach their full potential.

**EQUIPMENT:** Each student should bring an exercise book (possibly two if the teacher requests), ruler and writing equipment, together with the textbook, if issued, to each lesson. The recommended exercise book would contain 150 pages or more and could be a grid book - that is, the pages are printed with a 5mm grid instead of being lined.

In addition, at appropriate times during the year the students would be expected to bring geometrical instruments - pencil, eraser, compass, setsquare and protractor. Calculators will be used during the end of Year 7 and are available from the school office for \$35 (current price).

## **SCIENCE**

There is no doubt that Science has made a tremendous impact upon our lives, both as individuals and as members of society. To cope with an ever-increasing bank of knowledge, ideas, and technological change, it is important that people develop certain skills, attitudes and an awareness of the relationship between science and society.

In this course, Science is not regarded simply as a store of facts, principles and laws, but also as a process - a process that is one way of 'finding out' about our world.

In studying Science at school, you not only learn about what others have discovered but also understand how scientists go about their work.

Emphasis is placed upon the development of <u>basic</u> science skills including:

- making accurate observations
- manipulation of equipment
- recording of data
- working individually and in teams
- recalling information
- problem solving, etc.

During the course, both practical and theory work will be assessed. These marks will be used to determine class placements in Year 8. Homework assignments will be given on a regular basis.

**EQUIPMENT:** one exercise book, blue or black pen, a calculator, a ruler and lead pencil, in a pencil case, and leather shoes (or with a sturdy upper) for lab work.

#### HUMAN SOCIETY & ITS ENVIRONMENT (HSIE)

In Year 7 all students will study one semester (two terms) of History and one semester of Geography.

Students will cover the following topics during Year 7: The Ancient World

- Investigating the Ancient World
- The Mediterranean World: Egypt (Depth Study)
- The Asian World: China (Depth Study)

In Geography, students will cover the following topics:

- Landscapes and Landforms
- Place and Liveability

**Equipment:** One exercise book; coloured pencils; a blue, black and red pen; a ruler; a lead pencil.

## PERSONAL DEVELOPMENT, HEALTH & PHYSICAL EDUCATION (PDHPE)

The PDHPE course is a compulsory subject for Year 7 students. It is allocated four periods per fortnight in Year 7. This will be made up of theoretical and practical classes, during which students will develop their knowledge, understanding, skills, values and attitudes required to support and advocate for the health and wellbeing of themselves and their community.

## EQUIPMENT:

<u>Theoretical lessons:</u> 96-page exercise book and pencil case (minimum expectations: blue or black pens, red pens, and lead pencil).

<u>Practical lessons</u>: Appropriate footwear is needed for practical lesson. Students can wear their sports uniform on scheduled practical days.

**UNIFORM:** Runners are advised for practical lessons.

**CHEWING GUM:** This is not allowed at school as it can be life-threatening if inhaled.

**ILLNESS:** We understand that students may not be able to participate in PE occasionally, due to illness or injury. Students need to <u>provide a note</u> from a parent/carer at the start of the practical period if participation needs to be modified, a duration period should be stated if it is to cover more than a single period. In the case of ongoing medical issues, which will exclude or limit participation for an extended time, documented evidence should be given to the teacher at the commencement of the school year (or as the issue arises). If a student is unable to participate in a practical lesson, they will be given a modified or alternate task, providing them with the opportunity to still meet course outcomes.

**ASTHMA:** Asthma sufferers should carry their inhalers to PE lessons and follow their individualised asthma plan, provided by their GP. Asthma management plans should be provided to the front office at the start of Year 7 (or when provided by the GP).

**ANAPHYLAXIS:** If a student has an EpiPen they carry with them they should bring this to all lessons.

**SUN PROTECTION:** Practical lessons are often outdoors, we encourage students to wear sunscreen, a hat (and sunglasses if appropriate for the activity). Sunscreen can be provided to the students on their request.

## **MODERN LANGUAGES**

The study of a modern language is compulsory for students in Year 7. The study of modern languages fosters intercultural awareness; deepening their understanding of culture and identity, and broadening student's horizons.

Students will learn language structures and experience the culture through film, music, literature and food. Students learn to speak, write and read about information relating to themselves, their families and their worlds, and are encouraged to continue their German study at home through the use of the Education Perfect program and other applications.

**Assessment**: Throughout the year students' complete tasks which allow them to demonstrate their ability to understand and communicate in the taught language, with periodic informal testing to guide their learning.

**Equipment**: Students must have one A4 sized exercise book, a black or blue pen, a red pen, a ruler and coloured pencils.

## TECHNOLOGY

MANDATORY 7-8

Context	Indicative Hours	Technology Mandatory Years 7- 8	
Digital Technologies	50	Design and Production Agriculture and Food Technologies	
Agriculture and Food Technologies Engineered Systems Material Technologies	150	Digital Technologies Engineered Systems Material Technologies	

- All four-technology context areas must be delivered in years 7-8.
- At least four design projects must be produced across Years 7-8, one for each of the four contexts.
- At least four design and production folios must be developed across Years 7 8.
- Technology contexts may be repeated.

By the end of Stage 4, students explore problems and opportunities considering functional, economic, environmental, social, technical and/or usability constraints. They investigate, select, justify and safely use a range of tools, materials, components, equipment and processes to develop, test and communicate design ideas using appropriate technical terms and technologies. Students plan, manage and evaluate the production of design solutions. They develop thinking skills to communicate the development of digital and non-digital solutions.

## Agriculture and Food Technology

The Agriculture and Food Technologies context integrates content from agriculture (food and fiber production) and food technologies to enable delivery with consideration of the school context and available resources.

## **Digital Technologies**

The Digital Technologies context encourages students to develop an empowered attitude towards digital technologies, use abstractions to represent and decompose real-world problems, and implement and evaluate digital solutions. Students have the opportunity to become innovative creators of digital technologies in addition to effective users of digital systems and critical consumers of the information they convey.

## **Engineered Systems**

The Engineered Systems context focuses on how force, motion and energy can be used in systems, machines and structures. Students are provided with opportunities to experiment and develop prototypes to test their solutions. They understand how forces and the properties of materials affect the behaviour and performance of engineered systems, machines and structures. Knowledge of these principles and systems enables the design and production of sustainable, engineered solutions.



## **Materials Technology**

The Material Technologies context focuses on the application of specialist skills and techniques to a broad range of traditional, contemporary and advancing materials. Students develop knowledge and understanding of the characteristics and properties of a range of materials through research, experimentation and practical investigation, and when they make products to satisfy identified needs and opportunities.

The Material Technologies context can include but is not limited to electronics, graphics, metals, multimedia, polymers, textiles, timber.

**EQUIPMENT:** A4 lined paper, A4 display folder, manila folder, glue stick, HB pencils, coloured pencils, pens, eraser, 300 mm rule.

Subject fees are applicable for Technology and Applied Science classes.

### **CREATIVE & PERFORMING ARTS (CAPA)**

Students will study Music in Year 7 and Visual Arts and Drama in Year 8.

#### Music

The aim of music is to increase the aural awareness, understanding and appreciation of differing styles of Music. In turn this allows students to respond to music in an individual way and increase their enjoyment of Music.

Music in year 7 consists of performance, listening, research and creativity. Performance of simple songs with accompaniments, some of which are written by the students themselves. We also sing for fun from 'folk' to 'top 40'. Graphic scores and workshops are also performed.

Performance: The focus of this course is performance. This will range from simple melody work on keyboards/guitar/voice as well as extension work for students who show interest and are gifted and talented.

Listening is for aural awareness of different musical cultures - the orchestra and its instruments, the way instruments are used, and the way music is put together.

Research covers all the written areas of the course, including the orchestra and instruments used in other musical styles. We also look at Australian, Aboriginal and folk music.

Creativity is a major part of the music course. Students work individually or in groups, to compose graphic and traditional sound scores, rhythm scores and accompaniments to songs. Year 7 students are also invited to take part in the choir, stage band and vocal groups (who often entertain at local functions and concerts). Any interested student can be catered for.

**EQUIPMENT:** A music book (with manuscript in the center), a pen, a pencil and a positive attitude.

Subject fees are applicable for music and art classes.

## SPECIAL RELIGIOUS EDUCATION (SRE/Scripture)

Special religious education is an integral part of school activities, taking place in school hours and under the jurisdiction of the school. The Principal supports special religious education by ensuring that no academic instruction or formal school activities occur during time set aside for special religious education. Such activities create conflict of choice for some parents and students attending special religious education. Principals also support special religious education by making adequate facilities available for the provision of special religious education and special education in ethics, including timetable provisions and classrooms.

Parents/caregivers of non-special religious education students may be offered alternative activities, including special education in ethics where available, only after an opt-out decision by parents/caregivers has been communicated to the school. A parent/caregiver may at any time notify the school in writing that they do not wish their child to attend special religious education. Students are to continue in the same arrangement as the previous year unless a parent/caregiver has requested a change.

Student information is confidential, and teachers of special religious education are only to be given:

- the names of the students in their class
- any special information, such as disability or special needs, which might affect the health, behaviour or performance of particular students.

The Principal is not responsible for, and does not disseminate details of, lesson content for special religious education, but will provide the name and contact details of the approved provider or their local representative.

Thanks to the generous support of the combined churches of this district our school provides scripture for all students' Years 7 - 11. These lessons are delivered via weekly class lessons for Year 7 and special assemblies and or classes up to twice per term for years 8 - 11.

This is a very well organised program and is not linked to any specific denomination but allows students the chance to discuss, question, think and ultimately make decisions for themselves regarding the Christian faith.

# **APPENDICES**



## **Canteen Roster**

Please complete this form and return it to the High School if you are able to assist in the Canteen - you do not have to have students at the school, members of the community are welcome to volunteer at the Canteen.

Hours: 9.30am - 2.30pm. Morning tea and light lunch provided.

Name	
Address	
Phone Number	

## **DAY/TIME PREFERRED**: Please circle one on each line. Monday Tuesday Wednesday Thursday Friday Weekly Fortnightly Monthly Once Term Lunchtime only (12.42pm - 1.22pm) (Wednesday 1.02pm - 1.42pm) EMERGENCY ROSTER: ..... If possible, I would like to work with: ..... **STUDENT TO RECEIVE ROSTER:** Roll: ..... Name: ..... Year: .....



## Request for support at school of a student's health condition

This request form includes four sections:

- 1. Student details
- 2. Request for administering prescribed medication
- 3. Request for other support
- 4. Parent and emergency contact details

Please remember to sign and date the form on page 48 before returning all four pages to the school.

## Student details

First name:	Last name:
Date of Birth:	
Enrolled at this school: Yes 🗌 No 🗌	Class, if currently enrolled:
Current school if not enrolled:	
Health/medical condition:	
	gency reaction in relation to this condition? (please tick) YesNo
Doctor's name/medical centre:	
Doctor's address:	
Doctor's phone number:	

Please provide the name, address and phone number of any other doctor or medical specialist who may currently be treating your child.

Allergy/medical condition	Doctor's name	Address	Telephone

If your child has a documented plan to support any health or medical needs from a previous school or organisation (e.g., preschool, occasional care, etc.) please provide it to the school as an attachment to this form.



## Request for administering prescribed medication to the student

Note: if your child is to take more than one prescribed medication, please attach a separate request for each medication.

Name of prescribed medication:				
Prescribed for (name of medical condition):				
Prescribed dosage: What are you requesting the school to do?				
Expiry date of the medication:				
Note: if you can't provide this information now, we will need to know the expiry date when the medication is given to the school.				
Special storage requirements if any e.g., in refrigerator:				
Special instructions for administering the prescribed medication/s e.g., must be taken with food or with a glass of water:				
Through information you have obtained from your doctor or got yourself, are you aware of any likely side effects from the prescribed medication?				
Yes No If Yes, please provide more information:				
If your child administers his or her own medication at home, do you request that he or she self-administers this medication at school?				
Note: the Principal needs to approve a decision for a student to self-administer.				
If yes, please describe what support your child needs to administer the medication in a non- emergency situation at school. You may like to include information about how you support your child at home to administer their medication.				

Note: Where possible, the medication should be provided to the school in its original pharmacy packaging.

Secure delivery of prescribed medication is important for the safety of your child as well as for the safety of other students in the school.

Please name the person who will carry the medication to school:

Note: if you are unable to deliver the medication to school, it is advisable that you nominate a responsible person, who is not a school staff member, to transport the medication to the school.

For some medications and some students, it can be appropriate for them to carry their own medication to and at school. For example, asthma reliever medication and pancreatic enzymes for cystic fibrosis. If your child is to carry their own medication, we want to be able to support this and request some information so that we are well informed.

Note: The school may still need you to provide an additional supply of the medication for storage in central location/s within the school and for use if your child needs the school's help.

Would you like the Principal to consider a request for your child to carry their medication?

Note: The Principal needs to approve a decision for a student to carry their own medication at school.

If yes, please describe where and how your child will carry this medication, for example, my child will carry it on their person in a medical pouch or bum bag.

Note: Your child's medication should be clearly labelled with their name.

## **Request for other support**

Please provide details of any other health care support needs of your child while they are at school and involved in school activities.

Parent contact details	
Name:	
Relationship to child:	
Address:	
Home phone:	Work phone:
Mobile phone:	
Email:	
Parent or carer signature:	Date:

### Privacy notice

The information requested on the form is essential for assisting the school to plan for the support of your child's health needs. It will be used by the NSW Department of Education and Communities for the development of arrangements with you to support your child's health needs. Provision of this information is voluntary. If you do not provide all or any of this information, the school's capacity to support your child's health needs could be impaired. This information will be stored securely. You may correct any personal information provided at any time by contacting the Principal.

## A Guide for Parents - Successful Study

- 1 Encourage your child to sit for a **fixed time** every day to:
  - $\cdot$  organise tasks
  - $\cdot$  do homework
  - $\cdot$  review the day's work
  - study for tests

(The amount of time will depend on age and the child's concentration span. It does not need to be long at first, begin with 20 minutes, but should increase over the years. Come to an agreement on the most suitable time, keeping the need for a break, snack, favourite T.V. program etc. in mind).

- 2 Help the student find a **suitable place** for this routine study a desk in a quiet room is best, but not essential. One alternative is a whole family 'quiet, busy time' - reading, doing puzzles or paying bills are possible activities for other members of the family. Consider a daily period of TV free time for everyone OR perhaps use TV to advantage (quietly entertaining younger children).
- 3 **Reward** your child for a **settled study routine**; help set achievable goals and agree on rewards like extra privileges.
- 4 Be aware of potential **interruptions**. You may need to monitor the phone.
- 5 Help your child use the school diary to regularly record homework and assignments.
- 6 Take an **active interest** in the student's work:
  - ask questions
  - talk to other parents
  - help plan time management and encourage use of homework diary (good homework habits lead to good study habits)
  - help by testing or hearing learned work.
- 7 **Good health, physical comfort and general well-being** are conducive to success in study and schoolwork. Healthy snacks, a balance between study, exercise and recreation, and sufficient sleep should ensure this. Junk food such as chocolate, coke and chips (i.e. high sugar and salt foods) ultimately cause tiredness and depression.
- 8 Some **practical** suggestions:
  - a) visualisation a helper reads out information while the student creates a mental image then test. Useful for spelling; maths formulae; foreign language vocabulary. (Also, Look, Cover, Write, Check)
  - b) help with mnemonics (e.g. ROY G BIV the colours of the rainbow)
  - c) encourage visual display of facts to be learnt (formulae; vocabulary; key words; maps; schematic diagrams etc.)
  - d) learning by listening CDs/pen drives with recorded information can be used in an MP3 player or in the car. Certain types of classical music have also proven effective in promoting successful study. The student can either have the music playing in the background or can record material to be learnt over suitable music and listen to it as suggested above. (See list of Reading and Resources available from school).

## How Do You Study?

### SUMMARIES

Reducing information to KEY FACTS, which can be learnt. Expressing the main ideas in your own words e.g.:

- read, cover, write in your own words
- underlining/highlighting rewrite summary style
- list topics, sub-topics, key-phrases, key points for **reinforcement**.
- summary cards, mind mapping, natty notes

After you have learnt your summary, practise RE-EXPANDING BACK TO A PARAGRAPH.

### **ROTE LEARNING**

Some information can only be learnt by heart i.e., constant practising e.g., Maths and Science Formulae.

Use pocket cards, multiple copies of posters on walls in conspicuous places e.g., the toilet.

### NATTY NOTES

Writing your summaries in your own style, using different coloured pens, different styles of print, size, shapes, speech bubbles. These are your notes and should be simple, can be untidy BUT interesting for you to recall.

#### MIND MAPPING

Mind mapping is using colour, symbols, pictures, different sized print plus words to give an overview of a topic, around a central key concept. Again, these are your personal summaries. They can be messy.

#### RHYMES

Make a sentence even more unforgettable by using multi-sensory imagery e.g., ROYGBIV - red, orange, yellow, green, blue, indigo and violet.

Make your own silly sentences to remember the reasons or facts.

#### **BUDDY STUDY**

Learning with your peers, explaining and verbalising what you know, to somebody else. Constantly explaining what was said/or being learnt e.g., say to mum "Do you know what I learnt today"? Study doesn't always have to be a lonely, onerous task. Team up with 3-4 of your friends using each other's knowledge and skills - being with your friends you no longer are at home wishing you were with your friends!

#### VISUAL DISPLAYS

Make studying fun. Use images and techniques e.g., SUPER STUDY MOBILES - coat hangers around your room with KEY WORDS, SUMMARY POINTS ON A PARTICULAR TOPIC, FLOW CHARTS.

