

# Wellbeing Policy

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Education



# Wellbeing Policy

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## Contents

<b>PART 1: INTRODUCTION</b> .....	<b>3</b>
1. Purpose and Rationale .....	3
2. Aims .....	3
3. Implementation .....	4
4. Evaluation .....	4
<b>PART 2: CONNECT</b> .....	<b>5</b>
1. Department requirements .....	5
2. Anti-Bullying .....	5
3. School Uniform .....	5
4. Enrolment and Attendance .....	5
5. Student Participation and Leadership .....	5
6. Anti-Racism .....	6
7. Multicultural Education .....	6
<b>PART 3: SUCCEED</b> .....	<b>7</b>
1. Department requirements .....	7
2. Student Behaviour and Discipline .....	7
3. Protection of Children and Young People (Child Protection) .....	7
4. Out-of-Home Care .....	7
5. Supporting students .....	7
6. Positive Behaviour for Learning .....	7
<b>PART 4: THRIVE</b> .....	<b>8</b>
1. Department requirements .....	8
2. Nutrition in Schools .....	8
3. Sun Safety for Students .....	8
4. Student Health .....	8
5. Drug Education .....	8
6. Road Safety Education, Drive Education and Training .....	8

### Acknowledgements:

- Callaghan College, Waratah Technology Campus, *Wellbeing Policy*
- NSW Department of Education Wellbeing Framework



## **PART 1: INTRODUCTION**

### 1. Purpose and Rationale

1.1. Dungog High School is committed to support our students to connect, succeed and thrive at each stage of their development and learning.

1.2. At Dungog High School, wellbeing:

1.2.1. is dynamic and integral to learning

1.2.2. focuses on attributes and strengths that teaches and supports young people to grow and learn from challenges and complexities

1.2.3. recognises the importance of developing and shaping the character of the individual

1.2.4. is multidimensional and interrelated

1.2.5. takes into account the context of young people's lives and uses both objective and subjective measures

1.2.6. incorporates the views and perspectives of young people themselves throughout the different stages of development

1.2.7. considers the wellbeing of young people in the present as well as focusing on long term outcomes

1.2.8. acknowledges the diversity of contributors to and influences on the wellbeing of young people, and recognises our obligations and responsibilities.

1.3. The DHS Wellbeing Policy and related Procedures are underpinned by the Department's Wellbeing Framework. This framework can be accessed through [https://www.det.nsw.edu.au/wellbeing/about/16531\\_Wellbeing-Framework-for-schools\\_Accessible.pdf](https://www.det.nsw.edu.au/wellbeing/about/16531_Wellbeing-Framework-for-schools_Accessible.pdf)

1.4. Dungog High School is committed to providing safe, supportive and responsive learning environments for everyone. We teach and model the behaviours we value in our students. All policies and procedures mentioned in this document are underpinned by the Department's Behaviour Codes for Students which can be accessed via <http://www.dec.nsw.gov.au/about-the-department/our-reforms/supported-students-successful-students/behaviour-code-for-students>

### 2. Aims

2.1. The aim of the DHS Wellbeing policy is to ensure our students:

2.2. Connect – students actively connect to their learning, have positive and respectful relationships and experience a sense of belonging to their school and community.



## Wellbeing Policy

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- 2.3. Succeed – students are respected, valued, encouraged, supported and empowered to succeed
  - 2.4. Thrive – students will grow and flourish, do well and prosper
  - 2.5. Enable – the school environment strives for excellence in teaching and learning to connect on many levels and builds trusting and respectful relationships for students to succeed.
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3. Implementation
    - 3.1. The Head Teacher Welfare, in consultation with the Principal, is responsible for the development and implementation of the school's Wellbeing Policy and associated procedures.
  4. Evaluation
    - 4.1. The Wellbeing Policy and associated procedures will be monitored and evaluated regularly to determine if the intended outcomes are being achieved.



## PART 2: CONNECT

1. Department requirements
  - 1.1. Dungog High School students will be actively connected to their learning, have positive and respectful relationships and experience a sense of belonging to their school and community.
  - 1.2. Further information on the Department's Wellbeing Framework: Connect can be accessed via <https://www.det.nsw.edu.au/wellbeing/connect>
2. Anti-Bullying
  - 2.1. Dungog High School consulted with students, parents, staff and the wider community to implement a *Respectful Relationship* framework within the school. We are committed to providing all students with a safe and caring learning environment.
  - 2.2. Our policy is underpinned by the Department's Anti-Bullying Policy which can be accessed via <https://www.det.nsw.edu.au/wellbeing/connect/antibullying>
  - 2.3. This policy is further supported by the school's:
    - 2.3.1. ***Student Behaviour and Discipline Procedures.***
    - 2.3.2. ***Anti-Bullying Plan.***
3. School Uniform
  - 3.1. Dungog High School is a uniform school, which is strongly supported by the P&C.
  - 3.2. Our policy is underpinned by the Department's School Uniform Policy which can be accessed via <https://www.det.nsw.edu.au/wellbeing/connect/school-uniforms>
  - 3.3. This policy is further supported through the school's ***Uniform Procedures.***
4. Enrolment and Attendance
  - 4.1. Dungog High School encourages applications from students in both our local and non-local catchment areas. All applications for enrolment will be considered as per the ***Enrolment and Attendance Procedures.***
  - 4.2. Dungog High School believes that attendance at school is essential to assist students maximise their potential. We are committed to working together in partnership with parents to promote regular attendance of students.
  - 4.3. This policy is supported through the school's ***Enrolment and Attendance Procedures.***
5. Student Participation and Leadership
  - 5.1. Dungog High School prides itself on providing students with multiple opportunities to participate in a leadership role within the school.
  - 5.2. This policy is supported through the following school procedures:
    - 5.2.1. ***School Leader Election Procedures***
    - 5.2.2. ***Sport and Physical Education Procedures***
    - 5.2.3. ***Excursion Procedures***
    - 5.2.4. ***Student Education and Training (SET) Plans***



### 5.2.5. *Student Assessment Procedures*

#### 6. Anti-Racism

- 6.1. Dungog High School recognises the negative effects racism has on individuals, school communities and society. We are committed to developing understandings of racism, responding to incidents of racism and preparing students for responsible and effective citizenship in Australian society.
- 6.2. Our policy is underpinned by the Department's Anti-Racism Policy which can be accessed via <https://www.det.nsw.edu.au/wellbeing/connect/anti-racism>
- 6.3. This policy is further supported by the school's ***Student Behaviour and Discipline Procedures***.

#### 7. Multicultural Education

- 7.1. Dungog High School is committed to providing programs that promote intercultural understanding and community harmony.
- 7.2. Our policy is underpinned by the Department's Multicultural Education Policy which can be accessed via <https://www.det.nsw.edu.au/wellbeing/connect/multicultural-education>
- 7.3. This policy is further supported by the school's ***Student Behaviour and Discipline Procedures***.



## PART 3: SUCCEED

1. Department requirements
  - 1.1. Dungog High School students will be respected, valued, encouraged, supported and empowered to succeed.
  - 1.2. Further information on the Department's Wellbeing Framework: Succeed can be accessed via <https://www.det.nsw.edu.au/wellbeing/succeed>
  
2. Student Behaviour and Discipline
  - 2.1. Dungog High School supports the learning, wellbeing and safety of all students. We believe that collaboration between staff, students and parents/carers is fundamental to maintaining positive student behaviour and effective discipline in our school
  - 2.2. This policy is supported through the following school procedures:
    - 2.2.1. **Student Behaviour and Discipline Procedures**
    - 2.2.2. **Acceptable Use of Electronic Devices Procedures**
    - 2.2.3. **Improvement Plans**
  
3. Protection of Children and Young People (Child Protection)
  - 3.1. Dungog High School is required to provide a protective and caring environment that ensures student safety, welfare and wellbeing.
  - 3.2. This policy is supported through school's **Child Protection Procedures**.
  
4. Out-of-Home Care
  - 4.1. Dungog High School has an important role in supporting children and young people in out-of-home care to maximise their life outcomes.
  - 4.2. This policy is supported through the school's **Out-of-Home Care Procedures**.
  
5. Supporting students
  - 5.1. Dungog High School understands that the primary responsibility for meeting the learning and support needs of students lies with the classroom teacher, and the school.
  - 5.2. The school's Behaviour, Education and Support Team (BEST) plays a key role in coordinating and planning support for all students.
  - 5.3. This policy is supported through the following school procedures:
    - 5.3.1. **Behaviour, Education and Support Team Procedures**
    - 5.3.2. **National Consistent Collection of Data (NCCD) Procedures**
    - 5.3.3. **National Disability Insurance Scheme (NCIS) Procedures**
  
6. Positive Behaviour for Learning
  - 6.1. Dungog High School prides itself on providing students with multiple opportunities to participate in a leadership role within the school.
  - 6.2. This policy is supported through the school's **PBL Procedures**.



## PART 4: THRIVE

1. Department requirements
  - 1.1. Dungog High School students will grow and flourish, do well and prosper.
  - 1.2. Further information on the Department's Wellbeing Framework: Thrive can be accessed via <https://www.det.nsw.edu.au/wellbeing/thrive>
2. Nutrition in Schools
  - 2.1. Dungog High School understands that the school nutrition plays a significant role in improving the health and wellbeing of students.
  - 2.2. Dungog High School adheres to the Department's *Nutrition in Schools* policy which can be accessed via <https://education.nsw.gov.au/policy-library/policies/nutrition-in-schools-policy>
3. Sun Safety for Students
  - 3.1. Dungog High School has a responsibility to provide a safe environment for students, including providing adequate protection from the sun.
  - 3.2. Dungog High School follows the Department's *Sun Safety for Students* guidelines which can be accessed via <https://education.nsw.gov.au/policy-library/policies/student-health-in-nsw-public-schools-a-summary-and-consolidation-of-policy>
4. Student Health
  - 4.1. Dungog High School promotes the healthy development of students and protects the health and safety of those with health care needs.
  - 4.2. Dungog High School adheres to the Department's *Student Health in NSW Public Schools* policy which can be accessed via <https://education.nsw.gov.au/policy-library/policies/student-health-in-nsw-public-schools-a-summary-and-consolidation-of-policy>
5. Drug Education
  - 5.1. Dungog High School understand that children and young people are influenced through many life experiences. Our school teaches and guides students to develop resilience, courage and self-regulation in responding to social and environmental influences.
  - 5.2. Dungog High School follows the Department's *Drugs in Schools* policy which can be accessed via <https://education.nsw.gov.au/policy-library/policies/drugs-in-schools-policy>
  - 5.3. This policy is supported by the school's ***Student Behaviour and Discipline Procedures***.
6. Road Safety Education, Drive Education and Training
  - 6.1. Dungog High School contributes to students' knowledge, skills and understanding of being a road user who is personally and socially responsible.





## Wellbeing Policy

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- 6.2. Dungog High School follows the Department's *Road Safety Education, Driver Education and Training* policy which can be accessed via <https://education.nsw.gov.au/policy-library/policies/road-safety-education-driver-education-and-training-policy>