

Canteen Menu

Hot Food

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|---|-----------|
| Toasted Wraps- varieties | 3.80-4.80 |
| Garlic Bread | 2.50 |
| Lean Sausage Roll | 3.80 |
| Lean Spinach & Ricotta Roll | 3.80 |
| Beef Party Pie- Low Fat | 2.50 |
| Cheese Melt (Breakfast) | 2.00 |
| Ham & Cheese Melt (Recess) | 3.00 |
| Potato Wedges | 3.80 |
| Chicken Goujons (6) | 3.80 |
| Lasagne | 4.40 |
| Chicken/Cheese Toastie | 4.80 |
| Ham/Cheese/Tomato Toastie | 4.80 |
| Bacon/Egg Roll | 5.00 |
| Bacon/Lettuce/Tomato Roll | 5.00 |
| Chicken Burger/Lettuce/Mayo | 5.90 |
| Chicken Burger with Bacon | 7.10 |
| Chicken Caesar Burger | 7.10 |
| Sweet Chilli Chicken Burger | 5.90 |
| Cheeseburger | 5.00 |
| Hamburger | 6.30 |
| Noodles- Beef or Chicken | 2.80 |
| Honey Chicken/Fried Rice ^{special day} | 5.00 |

Sushi

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|-----------------------------|------|
| Chicken x 2 pieces | 3.30 |
| Teriyaki Chicken x 2 pieces | 3.30 |

Salads

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|----------------------|------|
| Chicken Caesar Salad | 5.00 |
| Garden Salad | 3.80 |
| Gourmet Garden Salad | 5.00 |

Sandwiches

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|---------------------------------|------|
| Egg/Lettuce | 4.80 |
| Curried Egg/Lettuce | 4.80 |
| Salad | 4.80 |
| Salad/Meat Chicken Ham Cornmeat | 5.00 |
| Cornmeat/Cheese/Tomato | 4.80 |
| Ham/Cheese/Tomato | 4.80 |
| Chicken/Lettuce/Mayo | 4.80 |

Wraps

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|--|------|
| Flame Grilled Chicken | 6.30 |
| Chicken, Lettuce, Tomato, Cheese, Mayo | |
| Chicken Schnitzel | 6.30 |
| Chicken, Lettuce, Cheese, Capsicum, Carrot, Mayo | |
| Chicken Caesar | 6.30 |
| Chicken, Ham, Cheese, Lettuce, Caesar Dressing | |
| Taco | 6.30 |
| Taco Mince, Lettuce, Cheese, Salsa | |
| Small Wrap – varieties | 4.00 |

Rolls

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|-----------------------------------|------|
| Salad | 5.70 |
| Meat/Salad Chicken, Cornmeat, Ham | 6.30 |

Sweet Treats & Snacks

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| Fruit Salad | 4.40 |
| Diced Fruit- plain | 3.20 |
| Red Rock Sea Salt Chips | 1.60 |
| Grainwaves | 1.60 |
| Blueberry or Choc Muffin (low fat) | 3.30 |
| Custard Tub | 1.30 |
| Chocolate Mousse | 1.30 |
| Fruit Yoghurt | 2.50 |
| Frozen Juice Cups | 1.30 |
| Frozen Yoghurt | 2.50 |
| Frozen Snap Stix | 1.30 |
| Paddlepop | 2.60 |

Drinks

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|-------------------------|-----------|
| Water | 2.50 |
| Plain Milk | 1.30-2.50 |
| Flavoured Milk | 3.10-4.20 |
| Fruit Juice | 2.80 |
| Lipton Iced Tea | 4.40 |
| Waterford Mineral Water | 3.80 |
| Juice Bomb | 3.20 |
| Hot Chocolate | 2.00 |

