

Dungog High School News

Prosperitati Specto : I Strive for Success



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WEBSITES: DHS - <http://www.dungog-h.schools.nsw.edu.au> DHS Careers - <http://www.dungoghhighcareers.com/>

FACEBOOK PAGES: [Dungog High School](#) and [Dungog High School Careers](#)

School Hours: 8.58am-3.20pm; Office Hours: 8.30am-3.30pm during school terms

Term 4 Week 8

23rd November 2015



Principal.

Canteen break-in

We had a break in to the school canteen on Thursday night/Friday morning. This has been a shock to everyone, as we have not had vandalism of this type happen for a number of years. The police have attended and completed forensic checks. School Security has also been informed and will help us to upgrade our alarms and warnings.

The canteen should be back to normal early this week, but that will depend on workmen completing repairs. Food and drink will be available to students at recess and lunch breaks as usual.

I would like to congratulate all the students who used the canteen on Friday with patience and good humour. The lines were longer than usual because only one side was open; however, students could see the problem and worked with us to make things happen the best way possible. Thanks to all of you for helping to make it a small problem, not the big one it could have been.

If you hear any rumours about the people who did this to us, please pass them on to our local police or call us at school.

Hot weather plans

When the weather hits the highs it did last week, we will always make areas available to students that allow them to keep cool. N block was opened at lunch time and students were allowed into the air-conditioned foyer and classrooms. All students are aware that their responsibilities in these areas are greater than outside in the playground – classrooms need to be kept clean and tidy, equipment can't be interfered with. Staff were prepared to give up their own lunch break to ensure students were supervised in these safer areas. Thanks to all who helped to make this a more bearable experience.

The library is always open for students to quietly work, use a computer or read during the lunch break.

Year 12 formal

The year 12 formal has been held with lots of hugs and laughter. Souths Leagues Club in Merewether provided us with a lovely, glowing space for eating, dancing and farewells. The photo booth was a highlight.

Every year a student team organises this event and works hard to ensure everyone – students, parents and staff – are catered for. This year Georgia Burns deserves special thanks and praise for the great work that she did to make the night sparkle. Thanks Georgia!



From the Office:

> Want to make a payment?

Parents Online Payments

Go to the schools website, <http://www.dungog-h.schools.nsw.edu.au/> and the \$ **Make a Payment** link will be on the front page. By selecting the link you will be taken to a secure Westpac Quickweb payment page.

There is an instruction manual on the website <http://www.dungog-h.schools.nsw.edu.au/our-school/schooling-costs>

Please cease depositing directly into the school's bank account.

> Parent Portal (Sentral)

Sentral's parent portal provides parents with 24/7 access to important information about their child/children.

To use the Parent portal, you will need to register as a parent user. Each parent has been sent a letter from the school by Mr Curran, our Sentral Coordinator, explaining this simple process and providing you with a unique access code. You cannot register without this code. If you did not receive a letter, or if you lose your registration access code, you can contact the school for a new one.

You will be able to register for the Parent Portal at any time after receiving the letter.

> Student Letterbox

To save students lining up and waiting to hand in notes or pay for excursions, fees, etc we have started a new system with a 'Student Letterbox'. Students can drop the following in the Letterbox:

- permission notes,
- absence notes,
- correct monies with permission note in a **sealed envelope**, and
- early leaver requests – (**note** all Thursday early leaver requests must **FIRST** be signed by the Deputy).

If a student does need change and/or a receipt to take home they will need to stay in line, or come back later to collect it.

Dungog High School Vision : Dungog High School educates individuals to be contributing members of a modern global society. It provides a positive working and learning environment where people feel valued and are responsible, knowledgeable citizens.

- We focus on respect, responsibility and personal best
- We encourage initiative, innovation and leadership
- We value individual differences

- We respond to our local, national and international contexts and student needs
- We provide a range of experiences that challenge individuals to explore and interact with the world.
- We provide a broad, responsive curriculum focussed on excellence.

Transition programs

Year 6 students from many of our primary partner schools have already begun their transition to high school with their first visit to the school last week. The main days for transition when we will have all year 6 students at DHS working with their Peer Support leaders are December 3 and 10. The primary schools made a choice of the day that suits them best.

Melbourne Excursion

Best wishes to all the year 9 students and the staff accompanying them to Melbourne this week. This is a wonderful excursion that gives our students a taste of Australia's second world city. It will be interesting to hear what the students thought was the highlight – The Melbourne Cricket Ground, the Aquarium, Science Centre or So many possibilities.

End of Year details

We are in the last month of the school year, so here are some important dates to note:

1. December 9th: Presentation Day 9.30am
2. Dec 9th: MADD night 7.00pm
3. Dec 3rd and 10th: uniform shop is open
4. Dec 11th: student reports issued, years 7 to 10
5. Dec 16th: students' last day
6. Dec 18th: staff last day

2016 School Starting Dates

Wed Jan 27th: staff return

Thurs Jan 28th: years 7, 11, 12 return

Fri Jan 29th: all students at school

Maureen Jarvis

Student Achiever of the Week Award

This week's recipient is: Eloise Hitchens Year: 10

Eloise has consistently displayed an admirable work ethic throughout her recent studies.

Eloise has similarly exhibited courtesy, respect and the self-discipline necessary for greater achievement in the future.

Eloise will receive a certificate and \$25 voucher.



Volleyball News

The girls' volleyball team travelled to Sydney to compete in a NSW Schools Cup event recently after spending the previous day raising funds with the boy's team at a Bunnings BBQ event. The girls got off to a cracking start against Kelso High the current CHS Champions, winning an epic extended set 32 – 30. The girls then went on to defeat Mosman High in straight sets before losing to Santa Sabina Girls School. Santa Sabina regularly plays in the honours division at The Australian Volleyball Schools Championship (top 8 teams in Australia).

Finishing 2nd in the pool, the girls qualified for the elimination final, where they beat Monte Saint Clara School in two dominant sets. The Semi Final was a tough game for the girls as they visibly began to tire as the match wore on. It can be difficult to get up at 5am to travel to Sydney but even more so after spending several hours selling sausages the day before. Eventually the team finished fourth in a very creditable performance.

The team will be selling left over soft drinks for \$1 on Wednesday and Thursday lunch at the MPC Kitchen to raise further funds. The volleyball players will also be selling raffle tickets with the first prize being a Playstation 4 with games also for \$1. Thanks go to the Central Hotel Stroud for their assistance.



Country Women's Association NSW Educational Grants

The Hunter River Group of the Country Women's Association of NSW has available two (2) Educational Grants for 2015. They are as follows:

1. **Hunter River Group Educational Grant:** to the value of \$500.00 is awarded to a student(s) entering tertiary education, whether TAFE College or University, and must reside within the bounds of the Hunter River Group (Murrurundi in the north, Belmont in the south, Merriwa to the west and Nelson Bay to the east). Mature age students may also apply.
2. **Jean Latham Educational Grant.** To the value of \$300.00 is awarded to a Year 11 student(s) entering Year 12 and residing within the bounds of the Hunter River Group.

Every application will be reviewed by a panel of CWA, Hunter River Group Executive.

Application forms are available from your local Dungog-Clarence Town CWA Branch Secretary, Sandy White, Phone No. 0418237949.

Applications must be returned to that Branch no later than 11th December 2015. Late applications will not be accepted.

SOME CALENDAR DATES FOR Term 4					
Week	Monday	Tuesday	Wednesday	Thursday	Friday
8	23 November Yr9 Melbourne Excursion	24 November Yr9 Melbourne Excursion	25 November Yr9 Melbourne Excursion Sp Ed Swim Prog C'Town	26 November Yr9 Melbourne Excursion	27 November Yr9 Melbourne Excursion Yr10 SRE Country and Culture
9	30 November Murrook Cultural Camp	1 December Murrook Cultural Camp	2 December Sp Ed Swim Prog C'Town Murrook Cultural Camp	3 December Y6 Orientation Day Uniform Shop 8am-4pm Flash Mob Dance Group to Charlestown	4 December Country and Culture
10	7 December	8 December Yr9/10 Music Performances MPC	9 December Annual Presentation Day 9.30am MPC MADD Night MPC	10 December Orientation Day (Back Up Day) Uniform Shop 8am-4pm	11 December Country and Culture
11	14 December PBL Rewards Day, Y7, 8, 9	15 December PBL Rewards Day Yr10,11	16 December STUDENTS LAST DAY.	17 December Staff Development Day	18 December Staff Development Day

DUNOGG HIGH SCHOOL CANTEEN

Roster

Week 8 : 23rd to 27th November

Mon S Hallett, L Hunt, N Robinson
 Tues C Bridges, K Nairn, A Ellicott, J Vasic
 Wed M Milburn, K Mitchell, J Holmes,
 Thurs K Eyb, K Hudson
 Fri J Wilkinson, A Endersby, S O'Sullivan



Week 9 : 30th November to 4th December

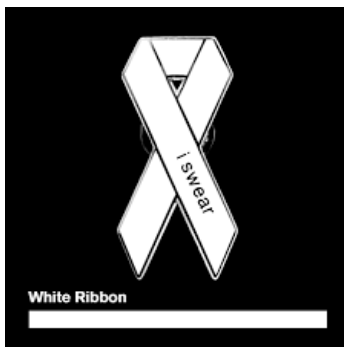
Mon C Butler, F Hack
 Tues G Edwards, C Everett, S Hooke, L Kearney
 Wed H Williams, P Williams, S Hitchens
 Thurs L Tull, M Ince, M Hughes
 Fri S Crouch, R Kirkby, J Ross



Due to the change in the structure of the school day could Canteen helpers please be here by 9.30am. If you are unable to be here by that time could you please let Margaret Edwards know, by phoning the school on 49923022.

*Reminder that the **Canteen Volunteers' Christmas Party** is on this **Thursday, 26th November** at the **Bank Hotel. 6.30 for 7.00pm***

For more information contact Margaret Edwards at the Canteen on 49923022.



White Ribbon Day Event

Wednesday, 25th November 2015 at 5.30pm

Reaffirm your commitment to saying **NO** to violence against women by coming down to the Bank Hotel, Dungog and signing the oath. While you're there enjoy a free sausage sizzle. Remember all women deserve the right to live without fear!



The Dressmaker (M) Saturday, 28 November, 4 pm and 7 pm
Macbeth (MA15+) Sunday, 13 December, 7 pm

The Dressmaker is the story of glamorous femme fatale Tilly (Kate Winslet) who returns to her home town in the bush after many years in Europe to right the wrongs of the past. With her sewing machine and high style, she transforms the women of her small town and exacts sweet revenge on those who did her wrong. Directed by Jocelyn Moorhouse (Proof, How to make an American Quilt) it has a stellar

Australian cast including Liam Hemsworth, Hugo Weaving, Judy Davis and Sarah Snook. See it at both **4pm and 7pm on Saturday 28 November**.

And in December we'll have a special screening of the modern masterpiece **Macbeth**, from the director of Snowtown, Australian director Justin Kurzel. This critically acclaimed adaptation of William Shakespeare's play stars Michael Fassbender and Marion Cotillard. This is a special bonus for Dungog Film Society subscribers – it's been a good year, so this film is only \$10, if you've hung on to your subscription pass. (Others welcome to see this classic at the normal price of \$12). It screens at 7pm on Sunday 13 December. And if you've been volunteering or supporting the James Theatre during the year, watch out for details of a thank you barbecue before the film.

And coming soon to the James Theatre:

The Hunger Games: Mockingjay- Part 2 (M) Saturday, 12 December, 7 pm
Spectre (M) Saturday, 2 January, 4 pm and 7 pm

Also, our **2016 classic film program** is now set – Down Memory Lane, with a subscription ticket of 5 films for \$48.00 now available.

Roman Holiday on 3 March, **Vertigo** on 5 May, **High Noon** on 30 June, **How Green Was My Valley** on 1 September and **Breakfast at Tiffany's** on 3 November. All films will be screening at 10.30am and 7.00pm. The 5 film pass makes a great Christmas present – email howard.d.glenn@gmail.com if you want to buy one and I'll put you in touch with Tina or Stephen who are putting this together.

For any other details, go to our website.

www.jamestheatre.com.au



safeTALK
Suicide Prevention Awareness Program

LivingWorks safeTALK is a half-day presentation to increase suicide awareness. This program alerts community members to signs that a person may be considering suicide. It acknowledges that while most people at risk of suicide signal their distress and invite help, these intervention opportunities are often overlooked.

safeTALK participants learn to recognise when someone may have thoughts of suicide and to respond in ways that link them with further suicide intervention help. Suicide alert helpers contribute to a suicide safer community. It is intended that safeTALK participants will be better prepared to:

- Recognise that invitations to help are often overlooked
- Move beyond common tendencies to miss, dismiss and avoid conversations around suicide
- Notice and respond to situations in which thoughts of suicide may be present
- Apply basic TALK steps (Tell, Ask, Listen, and KeepSafe)
- Connect the person with thoughts of suicide to suicide first aid help and further community resources

Suicide alert community members are better prepared to become a vital link in connecting people at risk with further help.

safeTALK is designed to complement the LivingWorks ASIST workshop (Applied Suicide Intervention Skills Training). The programs share the same beliefs about suicide and preventing suicide. However, each presentation has a specific role.

LivingWorks safeTALK suicide prevention presentation

Dungog High School Library
Eloiza Street Dungog
Wednesday 2 December 2015
5.00-8.30pm
(nibbles 4.30-5.00pm)

This training is sponsored by the National Suicide prevention Program and the department of health for teaching and support staff at Newcastle and Hunter Secondary Schools. There is no charge for places at this presentation.

LivingWorks

Lifeline is a not-for-profit organisation that promotes, preserves and protects life. The mission of our training division is to build community capacity and skills for life through a range of specialised training programs to meet the needs of individuals and groups.

For further information contact
Robyn Lawrence
Phone 02 4940 2999
Email robyn@lifelinehunter.org.au
www.lifelinehunter.org.au

Lifeline
Newcastle & Hunter

Winner of Suicide Prevention Australia's 2013 LIFE Award for Service Delivery
In recognition of Lifeline Newcastle & Hunter's quality of service, innovation in delivery of service and distinguishable results produced.

Certificate III in Individual Care Course.

Dungog Community College look likely to be bringing a Certificate III in Individual Care Course to Dungog Shire next year. And it's very affordable.

This is the brand-new qualification that replaces the old Aged Care, Home & Community Care and Disability courses. Our version is very special. We hope to be offering students:

- Aged Care AND Home & Community Care in the one certificate
- a cut-price First Aid certificate
- and a cut-price unit "Assist Clients With Medication"

This will also constitute about 3/4 of a Certificate III in Disability. The registered training organisation presenting the course will be WEA Hunter. Training will be 2 days a week face-to-face starting February and finishing November. There's 120 hours of work placement (which is one of the best ways to get work in the industry).

For those on most Centrelink benefits*, the core course will be only \$240 and the extra two units \$80. For Aboriginal & Torres Strait Islander* students, Disabled students or the carers of disabled people it will be free, apart from the extra units*. For others, the course will cost either \$1400 or \$1730, depending on prior qualifications*.

(* Contact us for more on who qualifies for the various subsidies.)

If you're interested in this course or require more information contact Dungog Community College with your name, an email address and a phone number. We intend holding an Information Session in late January and starting the course in February.

Jane Richens & John O'Brien
Education Officers. Dungog Community College
 4992 1133. education@dsccl.net.au
www.dungogcommunitycollege.org.au
 a part of the Dungog Shire Community Centre



Child Dental Benefits Schedule
 An Australian Government Dental Scheme

YES WE BULK BILL!!

Families that receive Family Tax Benefit Part A or other eligible government payments can receive \$1000 basic dental treatment for children aged 2-17 years.

For eligibility phone Medicare 132 011
 For appointments call us today!

Christmas Giving Tree

It seems only yesterday that we were writing to invite you to participate in our annual Community Christmas Tree event. Time flies by so fast and each year we are called on to assist an increasing number of people enduring economic and social stress. The past year has brought not only many joys but also its fair share of challenges and hardship.

Perhaps our greatest test came in the form of April's storm event which wreaked havoc across the Hunter and our community was hit particularly hard. I don't need to remind you that three precious lives were lost, but what is not widely known is that eighty families lost everything. It's been a long and often hard road back and for many who have struggled to replace furniture and belongings, the upcoming Christmas season will be anything but festive.

With this in mind we are seeking to expand our Community Christmas Tree event. Previously we have asked that a gift be left under the tree located in McElwaine's office. This year, not only are we grateful to receive individual gifts, we are also seeking contributions of Christmas kits, packages containing decorations and perhaps even a small Christmas tree that would be distributed to those people for whom the budget simply doesn't stretch that far.

The Dungog community is known for its generosity; for pulling together when times are hard. Your previous support has been overwhelming and we again call on you to open your hearts and make Christmas 2015 a happy one for others less fortunate.

*Gifts welcomed under the tree at
 McElwaine Hunter Valley
 1/119 Dowling Street, Dungog*

Please leave your new gift unwrapped



McELWAINÉ

Christmas Food Donations

SUGGESTED ITEMS

Non-perishable food items and groceries urgently required this Christmas

Tinned Foods

- Tinned fruit/fruit salad
- Tinned vegetables (eg. peas, carrots, corn, beetroot)
- Packet and tinned soups
- Tinned spaghetti and baked beans
- Tinned tuna and other fish, tinned ham, pre-canned meals, etc

Beverages

- UHT milk
- Tea, coffee, sugar
- Milo, Quik
- Cordial, soft drink
- Long-life juice

Cereals and Carbohydrates

- Breakfast cereals and muesli
- Instant noodles, two-minute noodles, instant pasta packs
- Rice, pasta/spaghetti, pasta sauce (eg. Dolmio)
- Rice sauce (eg. Kan Tong, Chicken Tonight)
- Muesli bars

Treats

- Chocolate, bags of lollies
- Sweet and chocolate biscuits (eg. Tim Tams, Mint Slice)
- Savoury biscuits (eg. Barbecue Shapes, Sakata, Saladas)
- Potato chips
- Popcorn (pre-popped or microwavable)
- Fruit cups (eg. SPC), jelly crystals, Ice Magic, cake mix, Shake 'n' Bake pancake mix, jam, honey, Vegemite

Extras for Christmas

- Bonbons
- Santa sacks (eg. Cadbury)
- Christmas puddings
- Long-life or boxed custard

HANDY HINTS

Ring-pull tins are preferred!

Tins with ring-pull lids are most helpful, as not all people receiving the food will necessarily have access to a can opener.

Long expiry dates please

Please ensure foods donated are non perishable and their expiry dates are well into next year.

Christmas Toy Donations

SUGGESTED TOYS

GIFT IDEAS FOR ALL AGES

Gift Vouchers

- Surf shops
- Clothing shops
- CD/DVD shops
- Kmart, Myer, Target
- Cinemas/movie tickets
- Diva Jewellery

Clothing

- Clothing and accessories
- Shoes and socks
- Baseball caps

Outdoor/Sporting Equipment

- Kites
- Bat and ball games
- Beach towels, sunglasses, body boards
- Jogger radios
- Netballs, footballs, cricket sets Tennis racquets and balls

Hair and Beauty

- Make-up, beauty cases
- Perfume/aftershave
- Hair dryers
- Jewellery (eg. from Diva)
- Trendy toiletry bags
- Toiletries (lip balm, glitter gels, hair accessories, nail polishes)

Miscellaneous

- CDs and DVDs
- Meccano, Lego
- Puzzles and games (eg. board games, card games, pinball machines)
- Bags (eg. back-packs, teen handbags, wallets, purses)
- Books, diaries, photo albums
- Art and craft packs (eg. stationery, art pencils and paints, sketch books, coloured paper)
- Toy cars (eg. Hot Wheels, Matchbox etc.)

HANDY HINTS

Why we request unwrapped gifts

This allows us personally select suitable gifts for their children. This is a more dignified way of allocating gifts and for this reason we do not supply children's names. You may wish to include some wrapping paper and sticky tape to allow us to wrap the gifts.

Gift vouchers – what a great idea!

Gift vouchers really are a great gift idea, because of their flexibility. They're an ideal gift for older children, teenagers and adults. Alternatively, a gift voucher means a parent who is struggling to make ends meet doesn't have to miss out on the joy of purchasing their child a gift direct from the store.

Why we request 'brand new' toys

Sadly, the gift you donate might be the only present a child receives this Christmas, and so we try our best to ensure each child receives a gift that is 'brand new'. We know Christmas isn't only about receiving gifts, but this is one way we can help families feel special at Christmas and enjoy its wonders like everybody else.

Thank you for your very kind donation.

Your generosity will make an immediate difference in the lives of many local residents this Christmas.

