

Dungog High School News

Prosperitati Specto : I Strive for Success

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Term 4 Week 8

29th November 2010

Katie Rumbel *10th March 1994 to 27th November 2010*



It is with deep sadness that we mourn the passing of Katie Rumbel. Katie was in Year 10 and like all of her friends looking forward to a future of fulfilment and happiness.

Katie's funeral will be held at Christ Church Anglican Church Dungog on Friday 3rd December at 1.30pm.

We expect many students and teachers will attend the funeral. Parents may wish to keep their children at home until they, as a family, attend the funeral. If children attend school in the morning please send a note giving your consent for your child to attend and how you wish them to return home.



From the Principal

Year 9 students' excursion to Melbourne

Eighty of our year 9 students will be on excursion to Melbourne this week. This excursion is part of our excursion program that includes two other whole year-group major excursions. Year 7 go on camp

and year 11 do their Crossroads program at Jindabyne. These excursions are an opportunity for students to learn about themselves, their group and the world around them.

This is the third time we have taken students to Melbourne; the trip has a wide variety of new experiences and places for students and gives them a good look at Australia's second largest city. We often forget that Melbourne was the largest and wealthiest city in Australia for quite a while, and was proposed as the national capital. It is a city of beautiful buildings and has a fascinating history. All the students who have taken part in past excursions have been very positive about everything they have seen – even the MCG.

Leave / absence notes

I have noticed a developing trend for parents to give students leave notes when the student is not sick or attending any important event / appointment in school time. This has happened notably on sport afternoons, but is occurring on other days as well. Sport is a mandatory requirement for students to attain the School Certificate. If a student is continually absent from sport, they will not have completed the required hours in this area. This means that they are putting their School Certificate in jeopardy.

If a student is absent from school, they may not be eligible to use school transport. My expectation is that if a parent sends an absence or leave note, they will also make arrangements for students to get home. **No student should attempt to board a school bus at the primary school.**

Meeting for parents of Special Education students

Just a reminder that this meeting will take place on Wednesday this week, 5.00 pm in the school library.

Use of school computing network

Any student who has been found in breach of the computing use charter, by attempting to hack into the school network or by deliberately seeking out inappropriate sites, will be banned from computer use at school for a period of time. This includes access to the school library and computer rooms. It will also mean that these students will be carefully considered before they are allowed to take any elective course that is based around computer use. At its most serious level, if a student makes a deliberate and malicious attempt to hack into the school network, police will be contacted and the DET Legal Branch will be involved.

Maureen Jarvis

Student Achiever of the Week

Name: Jake Hunter

Area of Achievement: School Service and Academic/Quality Work/ Personal Best

Nominated by: Ms F McLarty

Reason for Nomination: Jake has impressed both his peers and staff on the Peer Support Training excursion for being an excellent trainer of the student leaders.

Boys U14 Cricket

Dungog High School's under 14 boys cricket team travelled to Forster last Thursday to compete in the third round of the Baker Shield Competition. The game against Great Lakes College saw Dungog win the toss and elect to bat. Dennis Van Rooyen and Rigby Vane-Wood were the main contributors in Dungog's total of 115. Joshua Long also provided some aggression towards the end of the innings with 14 runs.

The Dungog boys then fielded solidly to restrict the opposition to 75 runs which was well short of the target. Again the main star with the ball was Rigby, taking 5 wickets for 6 runs.

The boys now play in the semi finals, probably against Wallsend High School and probably this week.

"Australian Champs Crowned"

Dungog Motorcycle Club members Mitch Kellner and Nick Lean won their respective classes in this years "Australian Off Road Championship" receiving their gold medals and trophies at the last round in Warwick Qld. In fact, all 3 places on the podium in Nick's 85cc class were filled with Dungog club members with Harry Wells from Vacy in 2nd and Billy Wilson of Gloucester in 3rd. This was Harry's first year of competing in the Off Road Championship after years of doing "Motocross".

"I'm really enjoying the racing" Harry said, "you get a lot more time on the bike and travelling all over the country is pretty cool as well".

Billy started the series well with a 1st and 2nd in Port Macquarie round but a training crash resulting in broken leg ruined his season. "It's part off racing" Billy said, "but it was bad timing, if you are going to have injury like that it would be better at the end of the season not the start. It is good that I was able to come back for the last rounds and get 3rd though, I'm happy with that.

Nick was stoked with his year, "I blew my bike up at the 1st round so the season didn't start so well but it got better from there and I came to terms with racing in the mud. It seemed we were for ever repairing or replacing worn out bits but dad was up to the task and I've won my 1st Aussie title, how cool is that".

Our Gloucester connection and Dungog Club member Mitch Kellner started the year in a new class on a 250cc machine and never looked back. "The bigger bike fitted me well and I enjoyed the difficult conditions. I've had a great year and can't wait to get started again next year. It'll be our last year in juniors next year so the competition between Nick, Harry, Billy and I will be tough and I'm looking forward to another great year".

The boys contested all 9 rounds, 3 in NSW and 2 each in Victoria, South Australia and Queensland, competing in the toughest conditions the series has seen for many years with the SA rounds being the only dry event of the year. The relentless rain and mud destroyed bikes and kept the service crews busy keeping them running while the riders were finding it difficult just to keep the bike shiny side up.

Other Dungog club members also did well, Trent Lean finished 2nd in the over 35 championship class. Luke Kellner, Peter Clark and Steven Clarke were all on the podium throughout the year in their respective classes but finished just out of the points for the series. Dungog club president Trent Lean was thrilled to see the boys do so well, "All the club members have had a fantastic year, our junior riders are turning in some outstanding results with lap times as quick as some of the senior pro riders, the future of the sport is in good hands" Trent said.

DUNGOG HIGH SCHOOL CANTEEN**Roster****Week 8 : 29th November to 3rd December**

Mon	K McDonald, M Muddle, M Croxton
Tues	G Edwards, C Everett, S Hooke
Wed	C Kellehear, C Wheeler
Thurs	R Rocco
Fri	J Wilkinson, L Gorton

Week 9 : 6th to 10th December

Mon	S Hallett, J Bambach, K Fardell
Tues	L Clarke, S Benson, R Rolfe
Wed	K Drinkwater, A Howton
Thurs	J Czapiewski, S Murray, G Magno
Fri	D Legge, C Easdown, R Warland, H Unicomb, R Kirby

Coming events**Nov**

- 29-3/12 Yr 9 Melbourne Excursion
 29 Yr10 Commerce & Yr11 Retail to Syd CBD, DFO Homebush

Dec

- 1 Spec Ed movie morning, James Theatre
 6 Open Boys Cricket – Barnes Oval
 Y9 Commerce to Dowling St, Dungog
 7 Y10 Woodwork excursion to Stockton
 8 Annual Presentation Day
 13 Aboriginal Cultural Day
 Y10 BBQ, 5.30pm and School Certificate Presentation
 15 Last day for students
 16-17 Staff Development Days

Jan 2011

- 28 Staff Return
 31 Yrs 7, 11, 12 return

Feb

- 1 All students attend.

Ten Hints for Creating Resilient Families

Resilience is the fine art of being able to bungy jump through life. The pitfalls are still there but it is as if you have an elasticised rope around your middle that helps you to bounce back from hard times.

This week's hints:

No. 9. Know how to Argue -

Families that work well know how to argue. It seems strange to say this because we all have the sense those families that work well don't have conflicts.

The family is really where we learn to resolve disputes fairly. The way that parents teach children to resolve differences of opinion with their brothers and sisters provides the basis for sharing, negotiating and problem solving in the world beyond the family. While differences of opinion should be allowed to be expressed, children also need to learn that they will not be able to win at all costs.

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10. Parents are reliably unpredictable

With young children it is important to provide consistency and predicability. This allows them to feel sure of you. After a while though, a bit of predicability can go a long way. To many children, most parents are about as predictable as a washing machine cycle. It is important to have structure and consistency but it is

also useful to act in ways that your children wouldn't expect. This keeps them interested in learning from you or least wondering what you are up to.

Perhaps the most important feature of parents in healthy families is that they realise that all of the above is desirable but not always possible and so they look at how to promote good functioning while not wasting energy on blaming themselves for the times when things don't quite work out as they had planned.

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Dungog High School Uniform Shop

Special Opening Hours 2010 – 2011

December 2010

Thursday 2nd December (Orientation Day)	8.00 – 4.00
Tuesday 7th December	8.00 – 4.00
Tuesday 14th December	8.00 – 4.00

January 2011

Monday 24th January	8.00 – 4.00
Tuesday 25th January	8.00 – 4.00
Friday, 28th January	8.00 – 4.00

THEN EVERY TUESDAY: 8.00 am – 4.00 pm

School holiday fun:

12th & 19th January

**Youth Drop-in at Doug Walters Pavilion
10-3pm**

**Both days there will be creative
workshops, awesome facilitators or a
free cinema.**

Thursday 13th January: SHOP til U DROP!

Bus to Sydney' s Factory Outlet shops!

Only \$5 per person, be quick to book your seat!

Lucky door prizes and other fun on board!

For More Info call/text Kylie 0428 329 643
 Dungog Youth Worker/Dungog Shire Community Centre



Proudly supported by Dungog Shire Community Centre & Dungog Shire Council

**Share the spirit of Christmas
ALL WELCOME
Yummy Christmas lunch
Christmas carols
Santa has a little gift for everyone**

**When? Christmas Day, Saturday 25th December
11.30am to 2pm
Where? Dungog Primary School Cnr.
Dowling & Chapman Streets, Dungog.**

This is a special Christmas lunch for everyone

Call 49921133 to arrange transport if you need a lift

Special thanks to sponsors: Dillon & Sons P/L, Shelton's Bus Company, Dungog Newsagency, Williams Valley Pharmacy, Dungog Hardware, Dungog Fashion and Gifts, J & E Hawley Funeral Directors, Dungog Primary School and of course, our major sponsor Lovey's Supa IGA

INTERNATIONAL DAY OF PEOPLE WITH DISABILITY

DUNGOG SHIRE COUNCIL'S ACCESS COMMITTEE INVITES YOU TO

MEET ME AT THE MOVIES MORNING

to celebrate International Day of People with Disability on
Wednesday 1st December at the James Theatre

SPECIAL GUEST – Ralph the Ranger will be arriving at 9.30am

Sponsored by Port Stephens Council

International Day of People with Disability is a celebration of the abilities of people with a disability. It helps increase public awareness, understanding and acceptance of people with a disability and reminds us how we as a community can serve and support these people.

Movie screening will commence at 10.00am and light refreshments will be available at the conclusion of the movie

By taking part in our 'Meet me at the Movies' you are helping promote a culture of inclusion, understanding and awareness. For any enquiries please contact Tracey Lowrey – Dungog Shire Council Community Project Officer (02) 49957777

This event is sponsored by Dungog Shire Council




DUNGOG SHIRE

COMMUNITY

Want to keep up with Family and Friends?
Want to see Family and Friends interstate or overseas?
Want to see all your Family and Friends Christmas Photo's?

Dungog Shire Community Centre will be running information sessions on instant messaging and video conferencing on the 3rd of December and Facebook on the 10th with follow up one on one sessions on the 17th.

Book on 4992 1133 numbers limited!

