

Dungog High School News



Prosperitati Specto : I Strive for Success

Find us at: Eloiza Street Dungog 2420 T: 49923022 F: 49923125 E: dungog-h.school@det.nsw.edu.au
Website: <http://www.dungog-h.schools.nsw.edu.au>

Term 4 Week 6

15th November 2010



From the Principal

Completion of HSC and SC: now for the rest of the year

Over the past week there have been a large number of year 12 students coming to the school office with very wide grins on their faces. The HSC is over and they have signed out, ready to move on to the rest of their lives. There is the little matter of waiting for those results, but when you have just finished the biggest exam in your life, it's hard not to smile.

Congratulations to all of them – they have been an excellent group, worthy seniors and examples to the rest of the school. Most of them have solid plans for the next step, whether university, TAFE or employment, but right now, a break and holiday for a few weeks seems the most popular choice.

Year 10 have finished their School Certificate examinations and now have four weeks before they can leave school. Over these weeks, students will be continuing to complete programs and will also be introduced to year 11 work. One course they must complete is a Board of Studies mandated course called "All My Own Work"; this covers issues of plagiarism, copying other people's work and presenting it as your own. The ethical and practical requirements of senior work are covered in the course and all faculties will deliver an aspect of it to students.

Four year 10 students have been granted exemption from schooling because they have gained apprenticeships – a wonderful outcome for them. Best wishes to any other students who are seeking apprenticeship – it is a great way to secure your future.

P&C funding for school projects

In our final meeting of the year, the P&C gave funding to the school for some of the projects that have been discussed this year, such as the new emergency evacuation system and the "Clickview" program that operates through the library. One project for the future that was funded is the development of a new playground area for year 7.

Thanks to all the volunteers whose work in the canteen has made these projects possible – without the canteen, the P&C would not have the funds to enable these important student-centred projects to happen.

Inappropriate contacts

I have become aware recently that some parents have made contact with students who are in the same groups as their own children, often for inappropriate reasons.

If your child is having friendship issues at school, it is a much better idea to contact the year adviser, girls or boys adviser or Head Teacher Welfare rather than try to solve the issue yourself. A parent making contact with a young person can escalate an issue, making it much more difficult to resolve. Inevitably, the other student's parents will become involved and a relatively small issue becomes major.

Please also be aware of the impact of any parental contact on both young people involved – the other child and your own. This type of intervention, unless very sensitively handled, has the possibility of damaging friendships permanently and affecting the well being of our children.

Maureen Jarvis

STUDENT ACHIEVER OF THE WEEK

Name: Paula Mieres

Area of Achievement: Academic/Quality Work/ Personal Best

Nominated by: Ms G Smith

Reason for Nomination: Paula sets an excellent example in the classroom with her focus on work, and her determination to achieve her best. She is very encouraging to others and adds a very positive dimension to lessons.

YEAR 10 PRESENTATION

This year, the School Certificate will be presented to Year 10 students on Monday 13 December at 7 pm in the MPC. Parents, family, friends and teachers are invited to attend.

A BBQ will be held for students and their parents prior to the Presentation. Information and details about the BBQ will be sent home with Year 10 students shortly

SPORTS REPORT

The weather was delightful, but the grounds were not and unfortunately a number of sports had to be rearranged. The following students were spectacular in their effort and performance at sport; Olivia Buckley, James Hurren, Damien Hodges, Jade Redhouse, Jesse Geddes, Ashleigh Thornton, Maeve Shumack, Paula Mieres, Jaimee Fergusson and James Saunders. The winner for this week is...Jade Redhouse, congratulations on a great effort.

As summer is approaching it is important that each student be sun safe by wearing a hat and by regularly applying sun screen.

Equestrian Angels Shine

Two outstanding young competitors from Dungog High School are soaring through the elite ranks of the equestrian world. Samantha King and Kaila Simms have both competed strongly in the Interschool Nationals, Samantha taking the crown as medium champion and Kaila being selected the National Interschool team. The two equestrian angels are regular competitors at the Pony Club State Championships and have added a swag of medals to their saddle bags. Congratulations girls on an outstanding performance and we wish you all the best with your bright futures.

Go the Mariners, Mr Francey

THE ROAD AHEAD

Last Monday, the Australian Trucking Association brought its touring exhibition to the School. The exhibition is in a state of the art semi-trailer with interactive hands-on exhibits and presentations.



Students in Years 7, 8, 9 and 11 took part in a free program to promote messages about sharing the road safely with trucks, the role of road transport in the economy and career opportunities in the sector.

Thanks to the two presenters, Lauren and Glen, who spent the day at the school showing students the features of the semi-trailer and using excellent visual demonstrations to illustrate the "blind spots" that prevent truck drivers seeing other vehicles or pedestrians. Hopefully, students will now exercise more care around large vehicles.

DUNGOG HIGH SCHOOL CANTEEN

Canteen Volunteers' Christmas Dinner

The Canteen Volunteers' Christmas Dinner will be held on Thursday 18th November at the Dungog RSL at 6.30 for 7pm start. Meals will cost \$15 for 2 courses or \$20 for 3 courses.

Menu details are available from the canteen. Names in by Friday 12th November please and payment would be appreciated in advance.

The dinner is always enjoyable and a chance to thank our volunteers for their great work through the year supporting our school and students.

Roster

Week 6 : 15th to 19th November

Mon	T Schumacher, M Gibbs
Tues	R Rolfe, R Stokes, R Arkinstall
Wed	
Thurs	S Kiddle, S Snowden
Fri	D Marquet, L Dries, L McInnes, M Townsend

Week 7 : 22nd to 26th November

Mon	L Lovegrove, J Chant, M Chen
Tues	J Kellner, B Reeves
Wed	M Milburn, L Morris, K McDermott
Thurs	D Gibson, M Swilks, C Kellehear
Fri	N Pearce, R Nicholson, J Parkinson

The next Canteen Meeting will be held on Monday, 22nd November in the canteen commencing at 3.45pm. All welcome!

Coming events

Nov

- 15 Spec Educ to Disability Sailing, Newcastle Yacht Club
- 22 Young Leaders Day, Sydney
- Yr 11 Ancient History Study Day, Newcastle
- Canteen Committee Meeting, 3.45pm in the Canteen
- 24-26 Peer Support camp
- 29-3/12 Yr 9 Melbourne Excursion
- 29 Yr 10 Commerce, Yr 11 Retail to Sydney CBD

Dec

- 8 Annual Presentation Day
- 15 Last day for students

Postcard from Austria:

Dear teachers, students and parents of DHS, Mr Fardell over here. I hope you are all nice and warm in sunny Dungog as it is freezing here in Austria. My family have returned from our motorhoming holiday around Europe and we ended up going to Frankfurt, Brussels, London, Paris, Rome, Venice the Alps and back up the Romantic Road (full of castles). Almost slid off one mountain pass and getting lost was a daily occurrence but it was a great experience. Now I am cycling along the Danube River for 5 days from Passau to Vienna before I too come home. Cycling over here is so much more popular and better catered for, as is soccer. Anyway I hope everything is well at school and should be back in another week or so. I never did find Mr Holmes, Mr Papworth or Mr Long. Cheers, Mr Fardell.

Ten Hints for Creating Resilient Families

Resilience is the fine art of being able to bungy jump through life. The pitfalls are still there but it is as if you have an elasticised rope around your middle that helps you to bounce back from hard times. This week's hints:

No.5 Love kids for their differences

When families' function well people are allowed to be different and to be loved for those differences.

We all know that children take on different roles. A father of three said "it's as if they have a planning meeting once a year and say 'you be the good kid, I'll be the sick kid and the other one can be the trouble-maker'! And then just when you think you've got it figured out they change roles again".

Having children who are strongly individual and who have a sense of who they are is a sign of good parenting. The problem may, of course be that they will then express their independent spirit in ways that you don't like. The ideal is a mix between someone who preserves their own uniqueness and is able to work with others without becoming dictated to by them. Someone who has their own independent nature but is comfortable enough with themselves to allow inter-dependence.
www.andrewfuller.com.au

No. 6. It is clear who is in charge

Families do not work well as democracies. In fact they seem to work best as benevolent dictatorships in which the parent or parents consult a lot with their children but at the end of the day, the parent has the final say.

Some parents fear that if they take charge that they will lose the

friendship of their children, but often the reverse is true. In families where parents fail to take their own role seriously, children may feel that to express their independence
www.andrewfuller.com.au

INTERNATIONAL DAY OF PEOPLE WITH DISABILITY



DUNGOG SHIRE COUNCIL'S ACCESS COMMITTEE INVITES YOU TO

MEET ME AT THE MOVIES MORNING

to celebrate International Day of People with Disability on

Wednesday 1st December at the James Theatre

SPECIAL GUEST – Ralph the Ranger will be arriving at 9.30am
Sponsored by Port Stephens Council




International Day of People with Disability is a celebration of the abilities of people with a disability. It helps increase public awareness, understanding and acceptance of people with a disability and reminds us how we as a community can serve and support these people.

Movie screening will commence at 10.00am and light refreshments will be available at the conclusion of the movie

By taking part in our 'Meet me at the Movies' you are helping promote a culture of inclusion, understanding and awareness. For any enquiries please contact
Tracey Lowrey – Dungog Shire Council Community Project Officer (02) 49957777

This event is sponsored by Dungog Shire Council



Helping learner drivers become safer drivers


FREE workshops for parents and supervising drivers

To provide practical advice about:

- New laws for L and P licence holders.
- Completing the Learner Driver Log Book.
- Supervising learner drivers.
- The benefits of supervised on-road driving experience.

The next workshop in your area will be held:

Time and date: 17th November 29 November 6.30pm-8.30pm	Venue: Dungog Clarence Town	Book now on: 4992 2091
---	-----------------------------------	----------------------------------

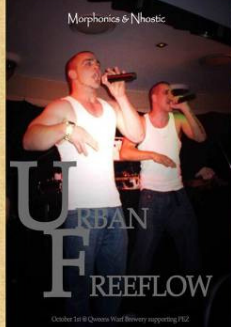


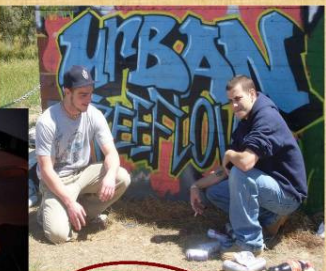
SKATE & HIP HOP

Free Event for
Young People
12-24 years!

**Saturday 4th December 11am
Dungog Skate Park**

Enjoy a dynamic and energetic performance while you skate by Newcastle's **URBAN FREEFLOW!**





Free Bus from -
Clarence Town
Paterson Gresford

FREE SAUSAGE SIZZLE LUNCH FOR ALL YOUNG PEOPLE!

For more info or to book a seat on the free bus call:
Kylie, Dungog Area Youth Worker
Dungog Shire Community Centre
4992 1133/ 0428 329 643



DUNGOG SHIRE

COMMUNITY

Want to keep up with Family and Friends?
 Want to see Family and Friends interstate or overseas?
 Want to see all your Family and Friends Christmas Photo's?

Dungog Shire Community Centre will be running information sessions on instant messaging and video conferencing on the 3rd of December and Facebook on the 10th with follow up one on one sessions on the 17th.

Book on 4992 1133 numbers limited!



Christmas Giving Tree

Make sure every child in our neighbourhood has a present this Christmas

McElwaine Hunter Valley in conjunction with Dungog Shire Community Centre are taking on the role of Santa's helpers this year.

Both are working towards brightening the Christmas of our struggling local families, who may not, without the communities help, have a Merry Christmas. McElwaine Hunter Valley are requesting those who wish to help, place a new gift of toys or books under their Christmas tree in the office.

Every year the Community Centre have Christmas hampers which they distribute to those doing it a bit tough. This season McElwaine Valley are asking you to make sure the children of those families will have a gift to unwrap on Christmas morning.

This is a great cause which you can involve the whole family in and we are inviting everyone to help them to make sure those children who otherwise may not receive a gift this year, will do so. Let's all have a Merry Christmas this year!

Needed by
 12th December

Gifts for ages from toddlers to teenagers!

Gifts welcomed
 under the tree at
 McElwaine Hunter Valley
 119 Dowling Street Dungog

Please leave your new
 gift unwrapped!

More Information:

Call into 119 Dowling Street Dungog
 or call Natasha McElwaine on 0429 308 492

